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LOTTO 649

GILMOUR NAMED TO HALL OF FAME

SPORTS {page 39}

TORONTO metro®
Wednesday, June 29, 2011
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How does your 'hood rank?

Website will provide easy access to trove of neighbourhood-by-neighbourhood data

Toronto will soon launch a website that could change how residents decide where to live, how charities decide where to operate, and how politicians decide where to spend taxpayers' money.

The Wellbeing Toronto website, likely to go online this week, will include an unprecedented gizmo that allows users to rank the city's 140 official neighbourhoods by dozens of criteria related to crime, the economy, health, education, housing, the environment and other indicators.

Users can compare, for example, school dropout rates in Davenport and Mimico, the number of car crashes in Morningside and Alderwood, and the number of Italians in Downsview and Wexford.

"It's sort of the law of unintended consequences. By providing relevant, up-to-date, accurate information, it may have a negative effect on some neighbourhoods."
BILL JOHNSTON, TORONTO REAL ESTATE BOARD PRESIDENT

The website can generate a custom neighbourhood-rankings list.
TORSTAR NEWS SERVICE

Riots in Athens over austerity measures

▶ Protesters challenge police yesterday during a demonstration in Athens.

PETROS KARADJIAS/THE ASSOCIATED PRESS

Youths hurled rocks and fire bombs at riot police in central Athens yesterday as a general strike against new austerity measures brought the country to a standstill.

Inside parliament, lawmakers debated new austerity measures that must be passed this week if Greece's international creditors are to release the next €12-billion batch of the country's €110-billion bailout — and prevent a default that could drag down European banks and shake the European and world economy.

But the measures, which include spending cuts and tax hikes on even those on minimum wages, have caused widespread outrage.

More coverage, page 8

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Sportage EX Luxury shown

TOP SAFETY PICK 2011^ INSURANCE INSTITUTE FOR HIGHWAY SAFETY

Soul 4u shown

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Sorento EX-V6 Luxury shown

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TOP SAFETY PICK 2011^ INSURANCE INSTITUTE FOR HIGHWAY SAFETY

Forte SX shown

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Baby bunnies in search of a home

A total of 19 baby bunnies from four different litters who recently came under Toronto Animal Services protection will soon be available for adoption.

Toronto Animal Services supervisor Mary Lou Leiher said three of the litters were found abandoned at a city apartment building and the fourth litter was found under a house porch. The seven baby bunnies in the porch litter are about 10 days old and haven't yet opened their eyes.

Two of the rabbits from one litter are three months old and will be available for adoption after being spayed this week.

The other litters, including four two-month-old bunnies and six one-month-old bunnies, are still nursing with their mothers and are in foster care.

The rabbits cannot be adopted until they are three months old, when they can be spayed and fixed, but potential adopters can express interest on Toronto Animal Service's Facebook page. The mother rabbits will also be spayed and available for adoption.

For more information, call Toronto Animal Services at 416-338-6668.

TORSTAR NEWS SERVICE

COURTESY OF LAURA HESLIN

▶ This bunny, about 10 days old, is part of a litter of seven, found under a porch with its mother.

Officer dragged by van dies

Teen driver taken to hospital with serious injuries 3 passengers are co-operating with officers: Police One person has been charged

In the last dramatic moments before York Regional Police Const. Garrett Styles died, his colleagues heard him calling out for help over the police radio at approximately 5 a.m. yesterday while he was pinned underneath a minivan.

Styles, who had been dragged 300 metres and pinned down following a traffic stop east of Newmarket, was able to talk for several minutes with dispatchers until ambulance and fire arrived.

"I gotta car on top of me," he was heard saying. "Help me. Help me."

The dispatcher tells him to hold on: "We've got help on the way. Just sit tight."

Police say Styles, 32, stopped the vehicle at Highway 48 in the town of East Gwilimbury at approximately 4:50 a.m. Inside were four juveniles.

Police say Styles pulled up behind the van and ran the plates. He discovered the 15-year-old at the wheel was not the owner of the van and he was not licensed. A police source says the van was stolen.

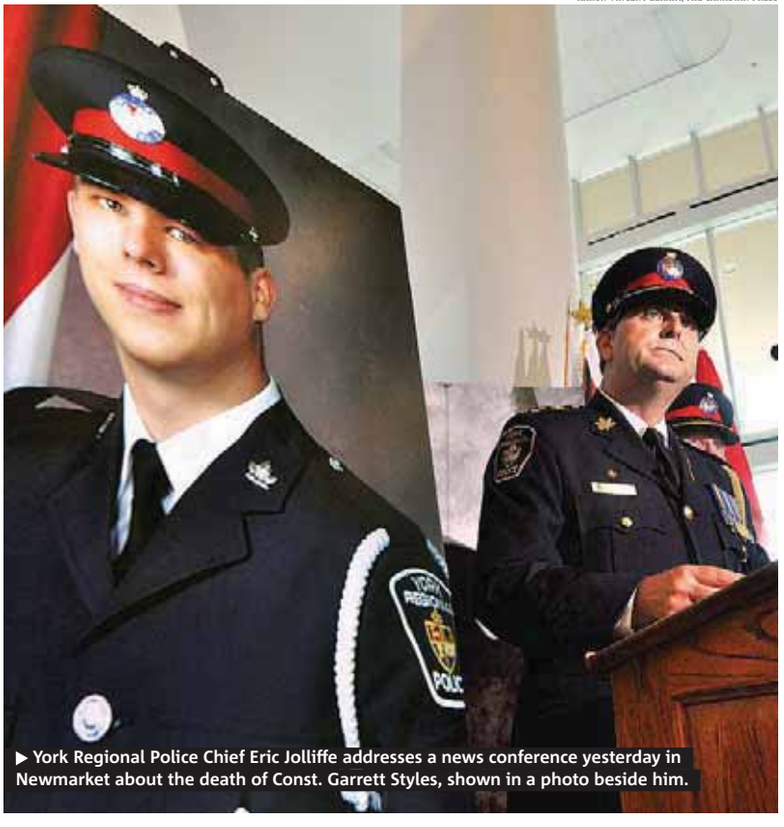
"He was a wonderful friend, a wonderful father and a wonderful police officer."
DET.-CONST. ERIN TESTER ON CONST. GARRETT STYLES

At that time, Styles walked back to the vehicle, reached inside the van for the keys and the driver allegedly accelerated to escape. Styles was dragged before the car lost control and flipped over, pinning him underneath.

He was pronounced dead at hospital.

He leaves behind his wife Melissa and two young children. TORSTAR NEWS SERVICE

AARON VINCENT ELKAIM/THE CANADIAN PRESS



▶ York Regional Police Chief Eric Jolliffe addresses a news conference yesterday in Newmarket about the death of Const. Garrett Styles, shown in a photo beside him.

Undercover sting helped nab doctor

Dr. David Lambert had no choice but to plead guilty to four of the five professional misconduct charges levelled against him in his latest appearance in front of a disciplinary committee.

He was caught on video.

Though uncommon, this was "certainly not the first time" the college has turned to private investigators to catch doctors breaking the rules, spokesperson Kathryn Clarke said.

The firm the College of Physicians and Surgeons hired to sting Lambert said the bulk of its business comes from the corporate world, but it is also occasionally called upon by regulatory bodies to keep professionals in check.

"Accountants, lawyers, you name it," said Brian King, president of King-Reed Associates.

Lambert's case resumes tomorrow, when his lawyer is expected to ask the committee to throw out a sexual abuse charge — the only allegation in dispute.

TORSTAR NEWS SERVICE

HENRY STANCU/TORSTAR NEWS SERVICE

▶ David Lambert

News in brief

Recreation fund frozen

SUPPORT. The Welcome Policy program, a thinly stretched city fund designed to give low-income families access to recreation programs, has frozen registrations again. TORSTAR NEWS SERVICE

1 news

Study finds Arctic ice melt is 30 years ahead of what many scientists had previously thought. Scan code for story.

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In tomorrow's Metro

As the CFL season kicks off, Dan Toth runs down the odds on who will win the Grey Cup this year.

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Pot activist smokes out doctors

Canadian Medical Association says most physicians not informed enough to prescribe medical marijuana

PHOEBE HO
TORONTO@METRONEWS.CA

Toronto activist Matt Mernagh is calling the medical marijuana program a "disaster."

"In my trial, the judge concluded that less than one per cent of doctors are signing the application," said Mernagh, who had been involved in a three-year legal battle against charges of possessing and growing cannabis to self-medicate. "Most of them don't even know (the program) exists."

To qualify for a licence, patients must obtain a signed declaration from a doctor and/or specialist, depending on the severity of illness.

While Mernagh says doctors are not necessarily opposed to the program, from his experience, most of them were not aware it existed until he brought it up.

"They're just not interested, they know nothing about the medical marijuana program," he said. "Health Canada doesn't spend money advertising it, yet all pharmaceutical companies send reps to doctors explaining new medications."

In regards to educating physicians on medical marijuana and promoting awareness of the program, Health Canada spokesperson Stephane Shank said, "The practice of medicine is not something that falls under Health Canada's jurisdiction. There are governing bodies such as the Canadian Medical Association (CMA) and Royal College of Physicians and Surgeons of Canada that continue to educate their physicians."

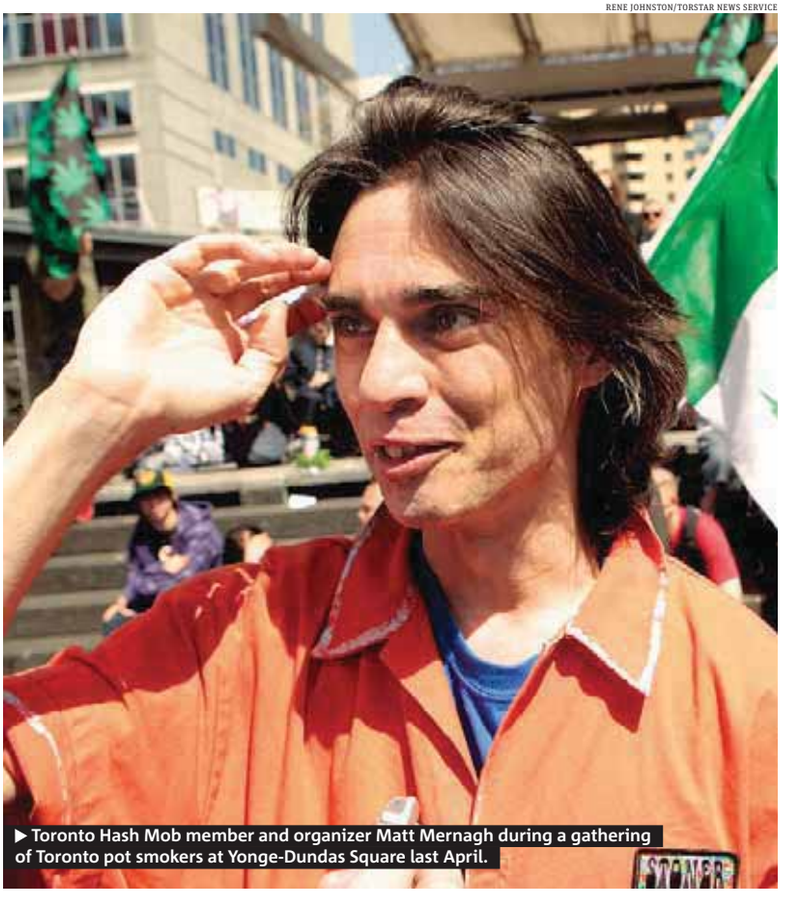
According to Dr. Maura Ricketts, director of CMA's public health office, physicians are usually educated about new medication through pharmaceutical companies. But when it comes to medical marijuana, physicians are just not armed with the necessary information to prescribe it to patients.

"We think somebody has to pull that information together," she said. "The federal government has put physicians into a very awkward position of making us the gatekeeper for smoked marijuana, which is a drug that we actually don't have all the correct information to know how to use safely."

Charges dropped

- Justice Donald Taliano's ruling on Matt Mernagh's case: "(Physicians of Canada) have massively boycotted the Medical Marijuana Access Regulations (MMAR) and their overwhelming refusal to participate in the medicinal marijuana program completely undermines the effectiveness of the program."
- Taliano dropped charges against Mernagh and gave the government three months to render the program constitutional.

RENE JOHNSTON/TORSTAR NEWS SERVICE



▶ Toronto Hash Mob member and organizer Matt Mernagh during a gathering of Toronto pot smokers at Yonge-Dundas Square last April.

Nuke sale will hike energy costs: Critics

Critics warn that the proposed sale of a nuclear technology company to a Montreal-based engineering firm will lead to higher costs for ratepayers.

Greenpeace nuclear expert Shawn-Patrick Stensil said if Atomic Energy of Canada Limited is privatized, it will no longer provide subsidies to build reactors in Ontario.

New Democrat Peter Tabuns said the move creates even more uncertainty in an industry already in limbo, since it's unclear what kind of protection the company will provide when it comes to cost overruns.

Tabuns said SNC-Lavalin Group appears to be operating on a "buyer beware" basis and is unlikely to assume any of the financial risks when projects go over budget.

THE CANADIAN PRESS

RICHARD LAUTENS/TORSTAR NEWS SERVICE

▶ Shawn-Patrick Stensil

Driver surrenders in hit-and-run

A man has surrendered to police after a hit-and-run incident in North York left a pedestrian with serious head injuries.

A woman in her late 40s was crossing the road near Keele Street and Grandravine Drive Monday night when she was struck by a car. The driver fled.

Police say witnesses captured the incident on their cellphones and gave the footage to investigators.

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Cherry Bomb a Pride party blast

Event provides a music-focused atmosphere different than the Church Street parties, organizer says

MARIANA IONOVA
TORONTO@METRONEWS.CA

Amid the dozens of themed and costumed extravaganzas, there is one Pride party that is all about the music.

Cherry Bomb Pride is the official Dyke Day Afterparty for the third year in a row and, this year, the event will be both a blowout bash for queer women and a showcase for local queer musicians.

Organizers DJ Denise Benson and DJ Cozmic Cat — Paula Burrows when she's not spinning — see the event as a place for those tired of the typical Church Street party. Cherry Bomb Pride is different because it provides an alternative, music-focused atmosphere that celebrates songs you wouldn't hear on the radio, according to Burrows.

"We just felt like there was a need in the community for an alternative to the sort of mainstream events and clubs that were out in the city," said Burrows.

The duo began hosting monthly Cherry Bomb events at Andy Poolhall on College Street four years ago.

Their first Pride event in 2008 was such a hit that they partnered with the city and became the official after-party event the following year.

This year's event features two storeys of dance floor space and a midnight performance by MMVA nominees Candy Coated Killahz.

Burrows said she expects the atmosphere to be festive and the event to be packed.

"People are really out to celebrate this weekend so the whole energy is through the roof."

Party details

- **When:** Saturday
- **Where:** Revival and Stone Lounge, 783 College St.
- **Featuring:** DJs Cozmic Cat, Denise Benson, Leticia Love, Sticky Cuts and a special midnight performance by Candy Coated Killahz
- **Price:** $15

HANDOUT

▶ Cherry Bomb Pride organizers DJ Denise Benson, left, and DJ Cozmic Cat. Inset: MMVA nominees Candy Coated Killahz will perform.

Toronto's 'buy local' food policy under attack

The City of Toronto probably can't afford to buy local food for its long-term care homes, shelters and daycare facilities, say some members of the government management committee.

Work on a buy-local policy began under former Mayor David Miller, but supporters of Mayor Rob Ford made it clear they don't like it if it costs more.

"I think we should go out there and get the biggest bang for our buck," said Coun. Doug Ford.

"Yes, everyone wants to support Ontario-based food growers, but sometimes it's just not realistic."

The committee split on whether it supports having a buy-local policy. The 2-2 vote means the issue goes to city council with no recommendation.

RENE JOHNSTON/TORSTAR NEWS SERVICE

▶ Coun. Doug Ford

The committee's unwillingness to support local agriculture "sends the wrong signal to our farming neighbours and to food processors here in Toronto who use local food," said Franz Hartmann, of the Toronto Environmental Alliance.

The committee was warned by a new member, Coun. John Filion, that dropping the buy-local policy is against the public's wishes.

"Public opinion is very much in favour of local food production, supporting local farmers, supporting local food producers," said Filion, a Miller ally. "This does that. It's a very modest proposal."

The city spends $11 million annually on food for care homes, shelters and daycares. It contracts with food-service distributors who will buy local if it's cheaper, said Coun. Paul Ainslie, the committee's chair.

That may be difficult, Ainslie conceded, noting that last weekend Ontario strawberries were $4 a pint versus $2.50 for California-sourced berries.

Council will tackle the local food issue when it meets July 12 and 13.

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RESCUE MISSION

Woman survives plunge off bridge

Authorities say a woman apparently trying to commit suicide survived a 30-metre plunge off the Buffalo bridge linking the U.S. and Canada.

The Buffalo News reported the woman was seen pacing on the walkway on the Peace Bridge Monday morning before removing her shoes and jumping into the Niagara River.

A U.S. Coast Guard crew stationed about three kilometres south of the bridge reached the area within minutes. They found the woman floating in the river and pulled her into the boat and brought her to shore.

The woman, said to be in her 30s, is reported in stable condition at a Buffalo hospital. Her name has not been released.

THE ASSOCIATED PRESS

Chase ends in charges

A 15-year-old London boy is facing charges after police punctured the tires of a truck to end a chase in Lambton County. Police say they saw the truck veering just after midnight yesterday. THE CANADIAN PRESS

Fish for free in July

Ontario residents will be able to fish without licences between July 2 and 10. The provincial government hopes residents will travel the provinces waterways, including lakes and rivers. THE CANADIAN PRESS

Youth blasé over royals

Monarchy no longer relevant for young Canadians, survey reveals

ALASTAIR GRANT/THE ASSOCIATED PRESS

▶ Prince William, the Duke of Cambridge, and his wife Kate, the Duchess of Cambridge, arrive at a charity event in London recently.

The youthful royal newlyweds might be the best hope to revitalize the monarchy with some fresh-faced glamour and enthusiasm, but a new survey suggests younger Canadians are largely indifferent to the upcoming visit.

More than half of young Canadians between 18 and 34 expressed indifference as one of the feelings they associate with the pending visit of William and Kate, according to an Angus Reid Public Opinion poll commissioned by the Toronto Star.

That compares to 37 per cent Canadians over the age of 55, and 43 per cent of those 35-54 who feel the same way about the visit, which begins tomorrow when Prince William and Catherine — the Duke and Duchess of Cambridge — lay a wreath at the National War Memorial in Ottawa.

"(Younger Canadians) are less engaged with the monarchy," said pollster Jaideep Mukerji, vice-president of Angus Reid. "It's not to say that they don't have favourable views of Will and Kate in particular, but compared to older Canadians, they're really much more indifferent to the visit and the monarchy in general."

The same age gap appears when it comes to who kept a close eye on the royal wedding earlier this year, with six per cent of Canadians in the youngest age group saying they followed news stories about the event "very closely," compared to 23 per cent of those aged 55 and up.

The online poll randomly selected 1,001 Canadian adults.

The margin of error is 3.2 percentage points.

TORSTAR NEWS SERVICE

Plan needed to reduce traffic gridlock, CEO says

RICK EGLINTON/TORSTAR NEWS SERVICE

▶ Carol Wilding

Put the road tolls, the parking levies, the tax tools and a dozen other money-making ideas on the table and then get to work on a plan — by next spring — on how to tackle the Toronto region's gridlock crisis.

The Toronto Board of Trade renewed its oft-repeated call yesterday for provincial action before the October election.

"This is a top issue up there with the issues of health care with the issues of education," said Toronto Board of Trade president and CEO Carol Wilding.

But if provincial parties heard the message there was scant evidence any would carry the politically poisonous call for tolls and taxes onto the campaign trail.

Taxpayers deserve the respect of hearing the hard truth — that fixing crippling congestion is going to cost them, said speakers at the board's downtown office yesterday.

Municipalities have hit a wall in terms of funding transportation, said a report. It's time for senior governments to step up with financing plans and policies for reducing traffic, said Wilding.

Premier Dalton McGuinty has begun to turn things around.

"But it's not moving fast enough," she said. "This is a top issue up there with the issues of health care, with the issues of education."

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FACEBOOK HANDOUT/THE CANADIAN PRESS

▶ James and William Beck are shown in a photo taken from their Facebook tribute site. The 17-year-old twins were killed Sunday night at Borealis Park in Fort McMurray, Alta.

Twin teens mourned

‘I’m so heartbroken,’ writes a friend of the Alberta brothers stabbed Sunday

Grief counsellors are helping students at a northern Alberta high school deal with the violent deaths of twin 17-year-old brothers.

Friends say James and William Beck were stabbed Sunday night at a park in Fort McMurray and were pronounced dead of their wounds in hospital.

Word of the deaths of the Grade 11 students spread quickly on social media sites. Staff at Father Patrick Mercredi High School also phoned the victims’ friends to offer help.

“We located the closest friends of these boys and ensured they knew what happened and invited them to talk with the counsellors,” Kim Jenkins, superintendent of Fort McMurray Catholic Schools, said yesterday.

“This is rare. This does not happen here, it is very surprising, very shocking, that two kids would lose their lives in a town like that.”

RCMP were tight-lipped about the fatal stabbings.

Const. Dustin Greig said officers responded to a report of an assault Sunday night at Borealis Park, a popular hangout for young people that includes a skate park and basketball courts.

Greig would not say what happened or if police have any suspects or a motive for the deaths.

Family and friends paid tribute to the boys on Facebook, saying the Beck brothers will always be remembered by those who love them.

THE CANADIAN PRESS

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Thai pimp eyes parliament seat

Since selling off his brothels, Chuvit Kamolvisit has become a kind of pimp-turned-Robin Hood

As the "super pimp" who once ran Thailand's biggest brothel empire and then exposed the police kickbacks he had to pay for it to flourish, Chuvit Kamolvisit feels uniquely qualified to lead the country's fight against corruption.

And in his quest to win a parliament seat in elections Sunday, the 49-year-old one-time massage parlour king is betting a public tired of divisive, hypocritical leaders will agree.

Politicians "are like diapers — you have to change them," Chuvit told The Associated Press in an interview, referring to a campaign poster that features him cradling a toddler. "Otherwise, it's too dirty."

Prostitution is illegal in Thailand but rarely prosecuted.

Chuvit's massage parlours were thinly disguised brothels, and he doesn't see anything wrong with them — except the payoffs police demanded ($300,000 US a month, he claims, not to mention the Rolex watches and free services thrown in on top).

THE ASSOCIATED PRESS

CHRISTOPHE ARCHAMBAULT/GETTY IMAGES

▶ Former massage parlour tycoon-turned-politician and candidate for the Rak (Love) Thailand party Chuvit Kamolvisit strikes a pose recently as he tours Bangkok's red-light district of Patpong as part of his electoral campaign.

PETROS KARADJIAS/THE ASSOCIATED PRESS

▶ Demonstrators burn an umbrella yesterday during a demonstration in Athens.

Greece brought to a standstill

A general strike disrupted services across Greece and riots erupted once more outside parliament in Athens, Greece, as demonstrators protested more taxes and spending cuts essential for the country to receive critical bailout funds that will prevent a potentially disastrous default.

Inside parliament, lawmakers debated new austerity measures that must be passed this week if Greece's international creditors are to release the next €12-billion batch of the country's €110-billion bailout — and prevent a default that could drag down European banks and shake the European and world economy.

But the measures, which include spending cuts and tax hikes on even those on minimum wages, have caused widespread outrage.

Unions embarked on a two-day general strike yesterday, halting nearly all public transport, forcing airlines to reschedule or cancel dozens of flights and bringing public services to a standstill.

THE ASSOCIATED PRESS

Young rioters

▶ **Fire** Youths set fire to a satellite truck parked near parliament in Athens, which rolled downhill into a kiosk whose freezer exploded. Hooded youths ducked behind the burning truck to help themselves to ice cream cones.

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Militants storm hotel

Four massive explosions rock Afghan building, killing 7, wounding 8
Violence on rise in Kabul since killing of Osama bin Laden in May

NATO helicopters fired rockets at gunmen on the rooftop of a besieged Kabul hotel early today, ending a more than four-hour standoff between militants and police that left at least seven dead and eight others wounded, Afghan officials said.

Interior Ministry spokesman Sediq Sediqqi said six suicide bombers attacked the Inter-Continental hotel frequented by Afghan officials and foreign visitors. He said two were killed by hotel guards at the beginning of the attack and four others either blew themselves up, were killed in the airstrike, or by Afghan security forces.

The Taliban claimed responsibility for the rare, nighttime attack in the capital — an apparent attempt to show they remain potent despite heavy pressure from coalition and Afghan security forces.

The attackers were heavily armed with machine-guns, anti-aircraft weapons, rocket-propelled grenades, hand grenades and grenade launchers, the Afghan officials said. Afghan police rushed to the scene and firefights broke out. They battled for hours with gunmen who were positioned on the roof. Some Afghan provincial officials were among the 60 to 70 guests staying at the hotel.

Less than a week ago U.S. President Barack Obama announced the withdrawal of troops and the end of the American combat role by 2014. THE ASSOCIATED PRESS

In. Honour

▶ Brig.-Gen Dean Milner, commander of Canadian forces in Afghanistan, salutes the casket of Master Cpl. Francis Roy yesterday at Afghanistan's Kandahar Airfield.

DAVID GOLDMAN/THE ASSOCIATED PRESS

Ceremony to remember

Roy was found mortally wounded Saturday. His death is under investigation by the military police.

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Fires rage near nuke lab

New Mexico blaze burns 24,000 hectares Concern over spot fires

A voracious wildfire spread through the mountains above a northern New Mexico town yesterday, driving thousands of people from their homes as officials at a nuclear laboratory tried to dispel safety concerns.

The wildfire — which has swelled to more than 24,000 hectares — sparked a spot fire at the Los Alamos National Laboratory Monday. The fire was quickly contained, and officials said no contamination was released and radioactive materials were safe.

No fires burned on lab property overnight, but teams of nuclear experts were headed to the scene to help assess any nuclear or radiological hazards, said Kevin Smith, Los Alamos site office manager.

THE ASSOCIATED PRESS

Cold War waste

- **Anti-nuclear watchdog** Concerned Citizens for Nuclear Safety said the fire appeared to be about five kilometres from a dumpsite where as many as 30,000 55-gallon drums of plutonium-contaminated wast are stored in fabric tents above ground.
- **A lab spokeswoman said** yesterday that the drums are stored in a section of the complex known as Area G. They contain cleanup from Cold War-era waste that the lab sends away in weekly shipments to a dump site in southern New Mexico.

Tokyo. Electric

▶ A Greenpeace member stages a protest before the annual meeting yesterday of Tokyo Electric Power Co. in Tokyo. The utility runs the nuclear plant sent into meltdown by the March earthquake. Shareholders heckled company executives and expressed outrage.

ITSUO INOUYE/THE ASSOCIATED PRESS

Investors go nuclear

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GETTY IMAGES

▶ Bristol Palin holds hands with then boyfriend Levi Johnston in this file photo.

'I'm not accusing Levi of rape': Palin

Bristol's pregnancy was not the result of first sexual act She says she thought she would marry Johnston

Bristol Palin, who describes her virginity being "stolen" from her in her new memoir, is denying she was raped by Levi Johnston.

"I'm not accusing Levi of date rape or rape at all," she told Good Morning America's Robin Roberts Monday.

"I am just looking back with the adult eyes I have now and thinking 'that was a foolish decision.'"

In her autobiography, Not Afraid Of My Life: My Journey So Far, Palin writes: "I wondered why it was called 'losing your virginity,' because it felt more like (mine) had been stolen."

"I never drank — in fact, I knew nothing about anything bad."
BRISTOL PALIN, ON HER LIFE BEFORE LOSING HER VIRGINITY

The events leading up to Palin's realization that she had sex with Johnston have made many question whether she was raped by him. Palin opens the book with the events of that night.

During a camping trip with friends, which she lied about to her mother, Johnston gave her wine coolers. She says she never had coolers before and she soon got drunk on them.

The next morning, she woke up confused in a tent alone, with Johnston's empty sleeping bag next to her.

"You don't know?" a friend asked. "You definitely had sex with Levi."

TORSTAR NEWS SERVICE

ACTIVITY RISK

Teen injuries rising: StatsCan

A new study says about 4.27 million Canadians aged 12 or older suffered an injury severe enough to limit their usual activities in 2009-10.

The Statistics Canada study found the overall injury rate in 2009-10 was 15 per cent, up from 13 per cent in 2001.

The agency says the most noticeable increase over this period was among 12- to 19-year-olds.

The proportion of injured girls in this age group increased to 23 per cent from 18, though at 30 per cent adolescent males remain the group most at risk.

Most adolescents' injuries were linked to sports (66 per cent).

Among working-age adults, sports and work were the main source of injuries (47 per cent).

THE CANADIAN PRESS

Pope gets e-savvy with Twitter

Pope Benedict XVI yesterday tweeted for the first time, announcing the launch of a Vatican news information portal.

Benedict's tweet read: "Dear Friends, I just launched News.va Praised be our Lord Jesus Christ! With my prayers and blessings, Benedictus XVI."

The portal aggregates information from the Vatican's online and traditional media. **THE ASSOCIATED PRESS**

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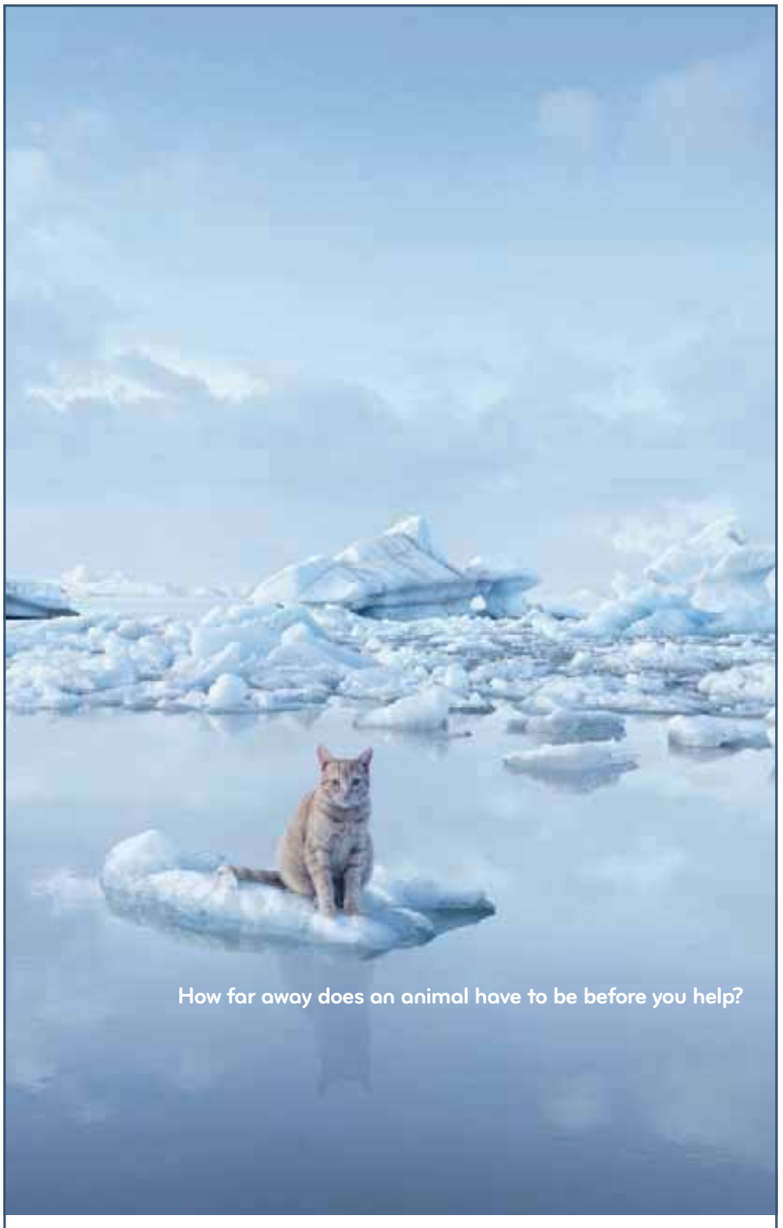

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Dice. White with black, spayed female. **Independent**, but **likes company.** 1 year old, very beautiful East region shelter - 821 Progress Ave

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Israel. In mourning

▶ Ultra-Orthodox Jewish youth peer from a window as thousands gather next to the body of Rabbi Michel Yehuda Lefkowitz, Lithuanian-Orthodox leader and head of the Ponevezh yeshiva, during his funeral yesterday in Bnei Brak, Israel.

ARIEL SCHALIT/THE ASSOCIATED PRESS

Thousands gather for rabbi's funeral

Rabbi Michel Yehuda Lefkowitz died at the Shaare Zedek Medical Center in Jerusalem Monday night, two days after collapsing. He was 97.

Pro-Palestinian activists say flotilla sabotaged

Israel warns it will stop any attempt to break Gaza blockade Last year, 9 activists died on similar vessel

Pro-Palestinian activists who plan to breach Israel's sea blockade of the Gaza Strip said yesterday that they had increased security around their docked flotilla after an alleged act of sabotage on one of the vessels in a Greek port.

Scandinavian organizers said "hostile divers" had cut the propeller shaft of the "Juliano," a ship shared by Swedish, Norwegian and Greek activists. They said the damage can be repaired and it will not affect plans to sail for the Palestinian territory toward the end of the week.

"Boarding on the ships will be the last resort for us. We are planning to ask the flotilla not to head toward the Gaza port."
ISRAELI MILITARY SPOKESWOMAN LT.-COL. AVITAL LEIBOVICH SAID OF ISRAEL'S DEFENCE

Citing intelligence reports, Israeli military spokeswoman Lt.-Col. Avital Leibovich warned that the new flotilla is carrying sulphuric acid for use against Israeli soldiers if they try to board the boats.

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MARTIN BUREAU/GETTY IMAGES

▶ Christine Lagarde was named yesterday to be the first-ever female chief of the IMF, facing an immediate crisis as violent Greek anti-austerity protests rocked eurozone stability.

Woman at IMF helm

French finance minister replaces Strauss-Kahn amid scandal and Europe's intensifying debt crisis

Christine Lagarde has travelled tirelessly to save the euro and blazed a trail for women from Chicago to Paris in halls of power long dominated by men.

The French finance minister with a broad grin and long stride now faces her toughest job yet: Heading the International Monetary Fund.

While she's not a trained economist, she has made her mark as the first woman finance minister of a major world economy by surrounding herself with strong advisers — and by using her impeccable English and media savvy to get her message out.

If her past is anything to go by, the former champion swimmer will not blanch at the challenge ahead. Her roll-up-your-sleeves attitude and frank manner set her apart from the lofty figures often found in French politics and the IMF.

Lagarde's background is in law — experience that may have come in handy as she negotiated the rescues of Greece, Ireland and Portugal in a series of tense, late-night meetings over the past year and a half.

THE ASSOCIATED PRESS

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Royal businesses not so regal today

- Name a throwback to another era, professor says
- Connotes excellence, exclusivity and stability

Royal just doesn't have the cachet it once did.

Prince William and Kate's first overseas trip to Canada this week is creating royal excitement. Bernie Currie, who works at Mississauga's Royal Decks, even speculated whether it would generate a boost in business.

Many businesses in the Toronto area still tout "royal" in their name, from Royal Dry Cleaners to Royal Lighting. Type "royal" into a business search at Canada 411 and 48 pages pop up for Toronto alone. Expand it to Ontario and the regal surge swells to 125.

But when asked how they got their name, most employees couldn't explain.

"When we bought the existing business it was known as Royal Home Hardware and Babyland," said Bill Renieris, owner of Royal Home Hardware on Parliament Street.

Lynn Ridley, creative director of Jan Kelley Marketing in Burlington, says she doesn't imagine many companies today would choose to have "royal" in their name.

TORSTAR NEWS SERVICE

Market moment

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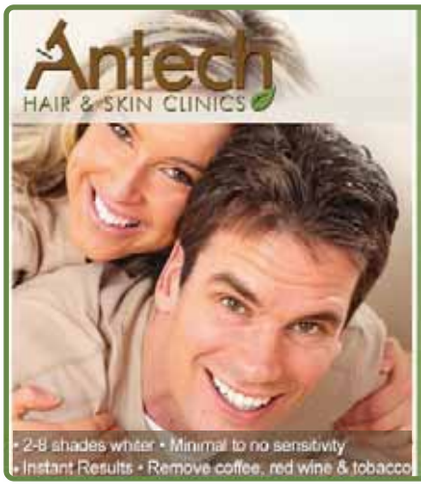

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India	2.9 ¢/min	Russia	from 1.9 ¢/min		

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THESE BOOTS *WEREN'T* MADE FOR WALKING

JUST SAYIN' ...

PAUL SULLIVAN
METRO

What's with women's shoes?

Women everywhere are squeezing their feet into what can only be described as bondage booties and wobbling across the intersection of Toronto's Bloor and Yonge or Vancouver's Robson and Thurlow with a determined gait reminiscent of Mistress Paddywhack.

Apparently, the small cadre of sadists (masochists?) who rule the fashion world have determined that bondage chic has replaced heroin chic, and now otherwise sane females look as if their feet have been captured by aliens.

Wherever I look, women's shoes have morphed into something Darth Vader would wear if he were into cross-dressing. ("I am your motha, Luke.") Even the fashion blogs have trouble describing them: "Nine West collections this autumn/winter are truly something many will lack words to describe."

You've got that right unless you're willing to come clean and admit that bondage is the basis for this bold design trend. One blog, written by the superbly named Tania Braukämper, takes the wraps off the whole sordid affair: "Like so many other things that were only recently considered too sexually charged to see the light of day, in a few short years the leather harness has infiltrated the realms of what we consider fashionable."

"Wherever I look, women's shoes have morphed into something Darth Vader would wear if he were into cross-dressing."

Wait a minute. Did she say leather harness? Yes, she did, and her post is accompanied by a photo of a young woman in various states of extreme bondage to match her shoes. She appears to be 17 feet tall on account of her 12-foot spike heels.

According to Braukämper, when bondage and fetish fashion first hit our trend radars back in 2009 (so long ago) it was all bodycon, leather, studs and chains. "But it's progressed. It's moved on." To leather harnesses. How long will it be before any self-respecting personal assistant won't be caught dead on the subway without her whip? Accessorize!

Maybe I'm making too much of this, but after watching these poor, trussed-up wretches wobble across the street, I feel compelled to speak out: Women of the world unite! You have nothing to lose but your bodycon, leather, studs and chains (not to mention your harnesses)! Strike a blow for sensible shoes!

I remember a generation of women who fought for equal rights and equal pay, for control over their own bodies and their own place in the sun. But did the struggle include the right to orthopedic surgery? I guess so.

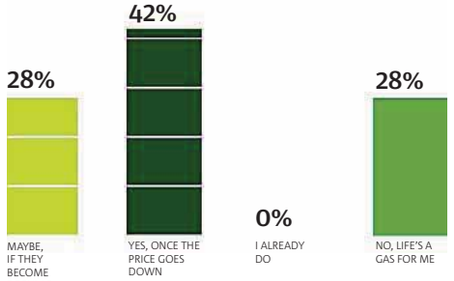
Meanwhile, I wonder what Ms. Fashionista sees when she gets dressed to go to work in her bondage kit? Probably only a secret code that says I buy all my shoes in New York/Paris/London. And you don't.

Read more of Paul Sullivan's columns at metronews.ca/justsaying

metro life panel

Register at metrolifepanel.ca and take the quick poll

Would you ever drive an electric car?



Local tweets

- **@bbowenz:** #reason2have aguybestfriend they ain't full of drama and are funny/cute as hell
- **@xpattie:** #reason2have aguybestfriend: They're straight up, they make you laugh & they're not two-faced.
- **@lipstick_kissed:** #reason2haveaguybest friend video games, and it actually feels like competition!
- **@shareesec:** #reason2 haveaguybest friend they can help you with guy advice, so can a girl but coming from a guy is definitely more helpful
- **@teecatalano:** Congrats to all time great #leaf and new member of #hhof Doug "Killer" Gilmour #nhl #memoriesof93
- **@theschwartz54:** Sorry but the #HHOF is just shameless now. No #PatBurns again? There is no excuse. It's as big a travesty as there has ever been in hockey.
- **@tmlfansrob:** Gordie and Mark Howe join Lester and Lynn Patrick, and Bobby and Brett Hull as father-son HHOF player inductees.

Worth mentioning

BEIJING. China has counted its 1.34 billion people; now it's the pandas' turn.

After conducting a census of its human population last year, China is about to start a once-a-decade count of giant pandas in the wild.

The official China Daily reported more than 60 trackers were trained at Wanglang National Reserve in the southwestern province of Sichuan, which is believed to have the largest number of wild pandas in China.

They will collect droppings for DNA analysis, which will allow zoologists to track individual pandas and accurately estimate the population, Chen Youping, director of the reserve's administrative bureau, was quoted as saying by Xinhua News Agency.

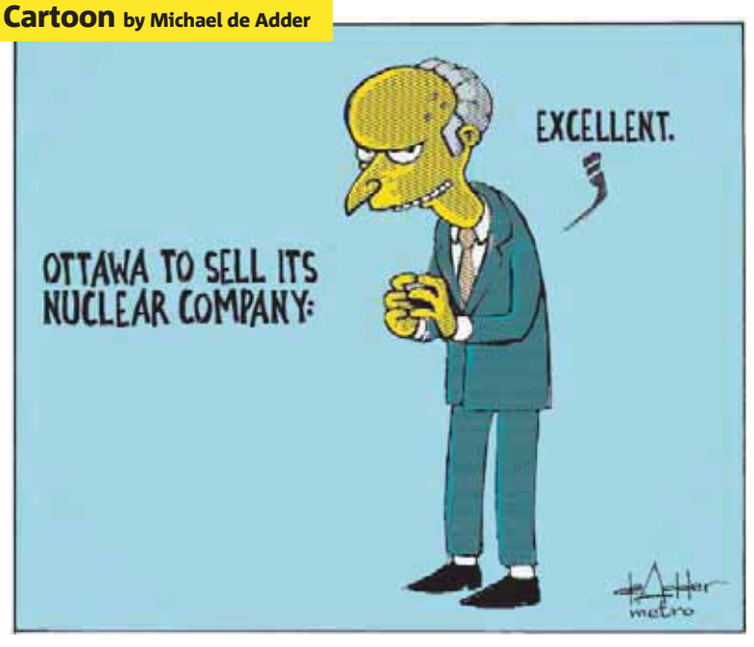
The census is also expected to reveal more on living conditions, age structure and changes of habitat of the endangered species.

The last census counted 1,596 wild pandas in China, 1,206 of which were living in Sichuan.

Wild pandas are threatened by a loss of habitat, poaching and for being poor breeders.

THE ASSOCIATED PRESS

Cartoon by Michael de Adder



WEIRD NEWS

What rhymes with red light, green light?

A rapper is awaiting word on whether he will face charges after staging a performance in New York City's Times Square from atop a traffic light pole.

The spectacle stopped traffic for hours at the end of the morning rush hour while police negotiated with the man.

Onlookers clicked photos and cheered. Police set up a cushion under the pole for fear he would jump.

MARY ALTAFFER/THE ASSOCIATED PRESS

The man agreed to come down on a police ladder. He was taken to a hospital for evaluation.

Witnesses say the man was trying to hand out his own CDs in a store but was kicked out. That's when he climbed the pole.

THE ASSOCIATED PRESS

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5 set-in-Canada movies

Whether it's Maritimers taking on Toronto or a bush pilot fighting for survival in Nunavut, these films take Cancon to a whole new level

IN FOCUS

RICHARD CROUSE
SCENE@METRONEWS.CA

This Canada Day it's possible to sight see without leaving the comfort of your home.

Many American films use Canada as a substitute for international locations — look for Casa Loma in the X-Men films, or Simon Fraser University in The Day the Earth Stood Still for example — but our homegrown cinema highlights our landmarks as our own.

So why not reheat some tourtière (with a side of poutine of course!), or crack open a bag of ketchup chips, then wash it down with a glass of Niagara Peninsula ice wine and see the country through the eyes of our filmmakers.

Goin' Down the Road (1970)

The story of Pete (Doug McGrath) and his pal Joey (Paul Bradley), two Maritimers who set out in a Chevy to find a better life in Toronto, (SCTV joked they were looking for "lawyerin' and doctorin' jobs") is a Canadian time capsule circa 1970.

One Week (2008)

The story of a dying man on a road trip is a love letter to Canada, showcasing landmarks — like the world's biggest hockey stick — but its heartfelt story should appeal to everyone, whether they have the Queen on their money or someone else's mug.

Jesus of Montreal (1989)

Not only does Saint Joseph's Oratory represent Montreal in the game Monopoly: Here and New: The World Edition, it also provides a beautiful; backdrop for this classic Canadian film from acclaimed director Denys Arcand.

waydowntown (2000)

This satire of office life and urban living showcases Calgary's underground web of connecting tunnels.

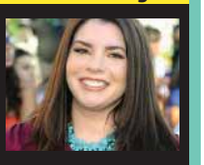
You don't see much of the above ground life, but it gives you a glimpse of a little seen aspect of Albertan big city life.

The Snow Walker (2003)

Shot partially in Rankin Inlet, Nunavut, the story of a bush pilot and a sick Inuit woman who must survive after a plane crash features a breathtaking look at Canada's North, including some beautiful time lapse photography of that natural wonder known as the Northern Lights.

2 scene

The next Twilight?



Twilight author Stephenie Meyer's next big-screen project has a release date. Distributor Open Road Films announced Monday that the movie adaptation of Meyer's apocalyptic sci-fi novel The Host will arrive in theatres March 29, 2013. The Host is Meyer's follow-up to her bestselling Twilight series.

THE ASSOCIATED PRESS

Double duty for Callie Thorne in her new series, Necessary Roughness and, soon, Rescue Me

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Movie reviews See it twice ●●●●● | See it now ●●●● | Worth watching ●●● | Yawn ●● | Don't bother ●

Transformers: Dark of the Moon
Genre: Action/Adventure/ Sci-Fi
Director: Michael Bay
Stars: Shia LaBeouf, Rosie Huntington-Whiteley and Tyrese Gibson
●●●●

Set three years after the last Transformers movie Sam Witwicky (Shia LaBeouf) has an Ivy League education under his belt and a new girl on his arm.

A new job for a multinational company places Sam, once again, smack dab in the middle of a showdown between the nasty Decepticons and the heroic Autobots.

The former are the bad guys, the latter are the white hats, other than that, you're on your own.

There's a lot going on here, including an ulterior motive for JFK's space race, Chernobyl and an almost Shakespearean double cross.

Director Michael Bay has never been known for his restraint and in the past his overblown ascetic has gotten in the way of his storytelling.

This time out he reigns in the story and carefully choreographs the battle scenes so the clashing robots are no longer just blurs of glinting metal but clearly defined warriors.

It's jam-packed — the long prologue plays like a Forest Gump tribute, featuring everyone from JFK to Nixon to Walter Cronkite — and likely the subplots with Sam's parents and John Malkovich as a horrible boss could have been cut to save on time, but the movie's relentless pace ensures it never drags.

By amping up the action and playing down the story Bay shifts into third gear and delivers the best Transformers yet. ● RICHARD CROUSE

DOWNTOWN

CARLTON
20 Carlton St., 416-494-9371
Transformers: Dark of the Moon (STC) Wed-Thu 1:20-4:30-8

SCOTIABANK THEATRE
259 Richmond St., 416-368-5600
Transformers: Dark of the Moon (STC) Tue 11 Wed-Thu 12-1:30-3-5-6:30-8:30-10
Transformers: Dark of the Moon — An IMAX 3D Experience (STC) Tue 8:45-12:01 Wed-Thu 12-3:30-7-10:30
Transformers: Dark of the Moon 3D (STC) Tue 9:30-10-10:30 Wed-Thu 1-2-4:30-5:30-8-9-11:30 Tue 9-12:01 Wed-Thu 12:30-4-7:30-11

MARKET SQUARE
80 Front St., 416-494-9371
Transformers: Dark of the Moon (STC) Wed-Thu 12:30-3:30-6:30-9:30

YONGE-EGLINTON CENTRE
2300 Yonge St., 416-544-1236
Transformers: Dark of the Moon 3D (STC) Tue 9-10-12:01 Wed-Thu 11:45-12:15-3:15-3:45-6:45-7:15-10:15-10:45

WEST END

QUEENSWAY
1025 The Queensway, 416-503-0424
Transformers: Dark of the Moon (STC) Wed 12-2:45-3:30-6:30-7-10-10:30 Thu 7 Thu 12-2:45-3:30-6:30-10-10:35
Transformers: Dark of the Moon 3D (STC) Tue 9:15-12:20 Wed-Thu 1-4:30-8-11:30 Tue 9-12:01 Wed-Thu 12:30-4-7:30-11

WOODBINE CENTRE
500 Rexdale Blvd., 416-213-1998
Transformers: Dark of the Moon 3D (STC) Tue 9:30 Wed-Thu 1:25-4:05-6:40-9:50

EAST END

BEACH CINEMAS
1651 Queen St. E., 416-699-5971
Transformers: Dark of the Moon 3D (STC) Wed-Thu 12-3:30-7-10:45

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Screen times. Transformers

NORTH YORK

EMPRESS WALK
5095 Yonge St., 416-223-9550

Transformers: Dark of the Moon (STC) , Wed-Thu 12-3:15-6:30-10
Transformers: Dark of the Moon 3D (STC) , Tue 9:45 , Wed-Thu 12:30-4-7:30-11 , Tue 9 , Wed-Thu 1:30-5-8:30

SILVERCITY YORKDALE 6
3401 Dufferin St., 416-444-3456

Transformers: Dark of the Moon 3D (STC) Tue 10-10:15 Wed-Thu 11:45-3:15-6:45-10:15 Tue 12:01 Wed-Thu 12:15-3:45-7:15-10:45

SILVERCITY FAIRVIEW
1800 Sheppard Ace. E., 416-644-7746

Transformers: Dark of the Moon (STC) Wed-Thu 11:45-3:15-6:45-10:15
Transformers: Dark of the Moon 3D (STC) Tue 9:05-12:01 Wed-Thu 12:15-3:45-7:15-10:45

SCARBOROUGH

COLISEUM SCARBOROUGH
300 Borough Dr., 416-290-5217

Transformers: Dark of the Moon (STC) Wed-Thu 12:50-2-4:15-6-7:30-9:40-10:50
Transformers: Dark of the Moon 3D (STC) Tue 9:15-9:45 Wed-Thu 12-3:20-6:40-10 Tue 12:01 Wed-Thu 12:30-3:50-7:10-10:30

EGLINTON TOWN CENTRE
1901 Eglinton Ave. E., 416-752-4494

Transformers: Dark of the Moon (STC) Wed-Thu 11:30-1-3-4:30-6:30-8-10-11:30
Transformers: Dark of the Moon 3D (STC) Tue 9-9:05-12:01-12:10-12:15 Wed-Thu 12-12:30-3:30-4-7-7:30-10:30-11

401 & MORNINGSIDE
785 Milner Ave., 416-281-2226

Transformers: Dark of the Moon (STC) Wed-Thu 12:30-2:30-3:50-6:10-7:10-9:30-10:30
Transformers: Dark of the Moon 3D (STC) Tue 9 Wed-Thu 12-3:20-6:45-10:05

PEEL REGION

COLISEUM 10
309 Rathburn Rd., 905-275-3456

Transformers: Dark of the Moon (STC) Tue 9:10 Wed-Thu 11:30-3-6:30-10 Wed-Thu 1-4:30-8-11:30
Transformers: Dark of the Moon 3D (STC) Tue 9-12:01 Wed-Thu 12-12:30-3:30-4-7-7:30-10:30-11

COURTNEY PARK 16
110 Courtney Park Dr., 905-362-1210

Transformers: Dark of the Moon — An IMAX 3D Experience (STC) Wed-Thu 11:45-3:15-7:10:30

ORION GATE GRANDE
20 Biscayne Cr., 905-455-1590

Transformers: Dark of the Moon (STC) Wed-Thu 11:45-3:15-6:45-10:15
Transformers: Dark of the Moon 3D (STC) Tue 10:30 Wed-Thu 12:15-3:45-7:15-10:45

SILVERCITY BRAMPTON
50 Great Lakes, 905-789-6797

Transformers: Dark of the Moon (STC) Wed 11:30-3-6:30-10 Thu 11:30-3-6:30
Transformers: Dark of the Moon 3D (STC) Tue 9:15 Wed-Thu 12-3:30-7-10:30 Tue 9-12:01 Wed-Thu 12:30-4-7:30-11

NORTH

AURORA CINEMAS
15460 Bayview Ave., 905-841-1789

Transformers: Dark of the Moon (STC) Wed-Thu 11:45-3:15-6:45-10:15
Transformers: Dark of the Moon 3D (STC) Tue 9 Wed-Thu 12:15-3:45-7:15-10:45

COLOSSUS 19
3555 Hwy 7 West, 905-851-1001

Transformers: Dark of the Moon (STC) Wed-Thu 2:30-6:15-9:45
Transformers: Dark of the Moon — An IMAX 3D Experience (STC) Tue 12:01-8:45 Wed-Thu 11:45-3:15-6:45-10:15
Transformers: Dark of the Moon 3D (STC) Tue 12:01-9 Wed-Thu 1-4:30-8-11:30 Wed-Thu 12:30-4-7:30-11

ELGIN MILLS 10
10909 Yonge St., 905-770-6998

Transformers: Dark of the Moon (STC) Wed-Thu 1:30-4:45-8
Transformers: Dark of the Moon 3D (STC) Tue 9 Wed-Thu 12:30-3:45-7-10:10 10

FIRST MARKHAM PLACE
3275 Hwy 7 E., 905-474-510110

Transformers: Dark of the Moon (STC) Wed-Thu 11:45-3:15-6:45-10:15
Transformers: Dark of the Moon 3D (STC) Tue 9:30 Wed-Thu 12:15-3:45-7:15-10:45

PROMENADE MALL
1 Promenade Circle, 416-494-9371

Transformers: Dark of the Moon 3D (STC) Tue 9 Wed 12:40-3:40-6:40-9:40

SILVERCITY NEWMARKET
18151 Yonge St., 905-953-2792

Transformers: Dark of the Moon (STC) Wed-Thu 11:30-3-6:30-10
Transformers: Dark of the Moon 3D (STC) Tue 9:15-9:30-12:01 Wed-Thu 12-12:30-3:30-4-7-7:30-10:30-11

SILVERCITY RICHMOND HILL
8771 Yonge St., 905-709-3199

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Transformers: Dark of the Moon (STC) Wed-Thu 11:30-3-6:30-10
Transformers: Dark of the Moon 3D (STC) Tue 9-9:30 Wed-Thu 12-3:30-7-10:30 Tue 12:01 Wed-Thu 12:30-4-7:30-11

HALTON

GALAXY CINEMAS MILTON
1175 Maple Ave., 905-864-1666

Transformers: Dark of the Moon (STC) Wed 6:40-10 Thu 12-3:15-6:40-10
Transformers: Dark of the Moon 3D (STC) Tue 9:40 Wed 7:10-10:40 Thu 12:20-3:45-7:10-10:40

SILVERCITY BURLINGTON 8
1250 Brant St., 416-646-0444

Transformers: Dark of the Moon (STC) Wed-Thu 11:45-1-3:15-4:30-6:45-8-10:15
Transformers: Dark of the Moon 3D (STC) Tue 9-12:01 Wed 12:20-3:45-7:10-10:40 Thu 12:20-3:45-7:10

SILVERCITY OAKVILLE
3531 Wyecroft Road, 905 827-7173

Transformers: Dark of the Moon (STC) Wed-Thu 12-3:15-6:40-10:10
Transformers: Dark of the Moon 3D (STC) Tue 9:10-12:01 Wed-Thu 12:20-3:45-7:10-10:40 Tue 9:10-12:01 Wed 7:10-10:40

WINSTON CHURCHILL
2081 Winston Park Dr., Oakville, 905-829-2009

Transformers: Dark of the Moon (STC) Tue 12 Wed-Thu 11:30-1-3-4:30-6:30-8-10

Transformers: Dark of the Moon 3D (STC) Tue 9-10-11-12:30 Wed-Thu 10:45-12:15-1:45-2:15-3:45-5:15-5:45-7:15-8:45-9:15-10:45

DURHAM

AJAX
248 Kingston Rd. E, 905-426-7772

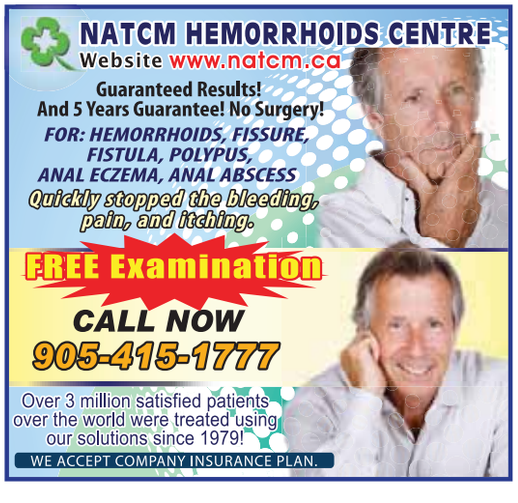
Transformers: Dark of the Moon (STC) Wed 7:05-10:10 Thu 1:05-3:55-7:05-10:10
Transformers: Dark of the Moon 3D (STC) Tue 9:10 Wed 6:40-10 Thu 12-3:20-6:40-10

PICKERING 8
1355 Kingston Rd., 416-646-0444

Transformers: Dark of the Moon (STC) Wed 5:40-9 Thu 12:30-3:50-7:10-10:30
Transformers: Dark of the Moon 3D (STC) Tue 9 Wed 5:20-8:40 Thu 12-3:20-6:40-10

WHITBY 24
75 Consumers Dr., 905-665-7210

Transformers: Dark of the Moon (STC) Tue 12:01-12:02 Wed-Thu 10:15-12:15-1:45-3:45-5:15-7:15-8:45-10:45
Transformers: Dark of the Moon 3D (STC) Tue 9-12:15 Wed-Thu 9:30-11:15-1-2:45-4:30-6:15-8-9:45-11:30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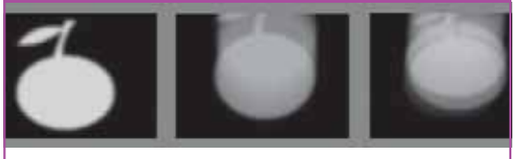

- Researchers at the Centre for Addiction and Mental Health in affiliation with the University of Toronto are conducting a new study investigating personality and gambling behaviour.
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LaBeouf struggles with a public image

Transformers star admits it's not always easy being in the spotlight glare

ALL PHOTOS GETTY IMAGES

Shia LaBeouf admits he doesn't have the best public image in Hollywood, but he just can't help being himself, the Transformers star tells Details magazine.

"I would like to be George Clooney — diplomatic. I just don't have the wherewithal yet or the inner serenity," he says.

"My bulls— meter is tuned very sensitive. The minute it starts kicking up, I get back to truth, and sometimes that involves, you know, 'I don't want to take a picture.' And if that's the case, am I an a-hole for being honest? Or am I an a—hole for being dishonest, smiling in your picture and I f—king hate being there? Which one is worse? These are the questions I ask myself that George Clooney doesn't ask."

Transformers 3, which will be available in 3-D, is being released in theatres today. The first two films were some of the highest grossing of that year.

METRO

"I would like to be George Clooney — diplomatic. I just don't have the wherewithal yet or the inner serenity."
SHIA LABEOUF

▶ Shia LaBeouf

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Talking points

Getting Wilde with Gyllenhaal

PLAYING HOUSE? Olivia Wilde has caught the eye of another of Hollywood's most eligible bachelors. The House star was reportedly acting very "touch-feely" with Jake Gyllenhaal during a recent night out at the Chateau Marmont, sources tell People magazine.

"At one point, he had his hand on hers," a source says. "Olivia was very cool and wasn't fawning over Jake but seemed to like the attention he was giving her."

METRO

Aniston dishing out the advice

RELATIONSHIP COLUMN? With so much attention on her love life, it's no surprise Jennifer Aniston also gets asked a lot for relationship advice — and she's now happy to oblige, apparently.

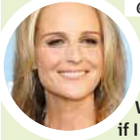
"You need to talk to each other and you have to say what you want. You don't confront your man about things which you're not happy about, you approach it in a much more constructive way," she tells new! magazine. "You never want to be in an adversarial situation where it's you versus him. All couples face those kinds of difficulties."

METRO

Celebrity tweets

"Thanks for voting me PETA's sexiest vegetarian now no one will be sure what I mean when I offer them a nut roast."

@rustyrockets



"I had 1 hour of free time today. Wasn't sure if I shd surf or write. I surfed and saw a ballpoint pen floating in the water. SWEAR TO GOD."

@HelenHunt

"Bruce Jenner is the least famous of the Kardashians but the irony is that he is the only one with a talent of any kind that deserves fame."

@JonahHill

"What I've surmised: Jews & Palestinians both see each other as Darth Vader & themselves as 'Rudy'"

@SarahKSilverman

Sheen character to be killed

It looks like Charlie Sheen and Two and a Half Men are done for good, as the show's writers are planning to kill Sheen's character off to prevent him from ever returning to the show, according to TMZ.

While the script hasn't been finalized, sources say one option involves Sheen's character driving his car off of a cliff. Meanwhile, sources close to Sheen tell Radar Online that the actor has signed a deal with TBS for a new sitcom in which he will play a character "very similar to the one he played on Two And a Half Men."

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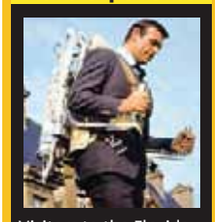

Visitors to the Florida Keys can now pretend to be, and actually fly like, James Bond, thanks to a new watersport. Participants strap on a flight pack that looks like the one actor Sean Connery wore in Thunderball. Jetpack Adventures charges $249 US for the 1.5-hour experience, which includes half an hour in flight.
THE ASSOCIATED PRESS

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Honouring Canada's athletes

Canada's Sports Hall of Fame opens July 1 in Calgary • Features hundreds of pieces of sports memorabilia from a Formula One race car to Terry Fox's iconic running shoe

Shadow-boxing with Lennox Lewis, wheelchair-racing against Chantal Petitclerc and re-living Jacques Villeneuve's championship Formula One season are just some of the interactive attractions at Canada's new Sports Hall of Fame.

Canada's sports shrine opens Friday in Calgary for a few hours for a free public preview before its official opening Saturday.

Once located on Toronto's Exhibition grounds, the Hall only existed online and in boxes in recent years as a search was conducted for a new home.

The 4,085-square-metre building houses a 120-seat theatre, 50 interactive displays and more than 1,000 artifacts. From the outside, part of the building looks like a tilted red Lego block.

Eleven galleries open onto, and are connected to, a central main hall, which has a statue of Wayne Gretzky stationed at its entrance. The main hall also features a photo-wall of honoured members.

There's an intimate feeling to the space, despite its size. Given the Hall's proximity to the new Athletic and Ice Complex under construction at COP and all the national teams training there, the interior was designed to feel like a sports clubhouse.

"Sport has always needed a place to come together," said the Hall's CEO Claire Buffone-Blair. "We feel Canada's Sports Hall of Fame can be that clubhouse for Canadian sport."

Permanent statues in the Hall include Gretzky, diver Sylvie Bernier, figure skater Barbara Ann Scott, curler Sandra Schmirler, runner Philip Edwards, Kentucky Derby winner Northern Dancer and cross-country skiing pioneer Herman (Jackrabbit) Smith-Johannsen, who lived to 111.

Alex Baumann's two Olympic gold medals in swimming had rarely been out of his safe until they were put under glass in the hall. Baumann says while the medals were locked away, his children saw them only once.

"I always had duplicates to travel with because I didn't want to lose them. I never pulled them out ... It's much better to be displayed here."

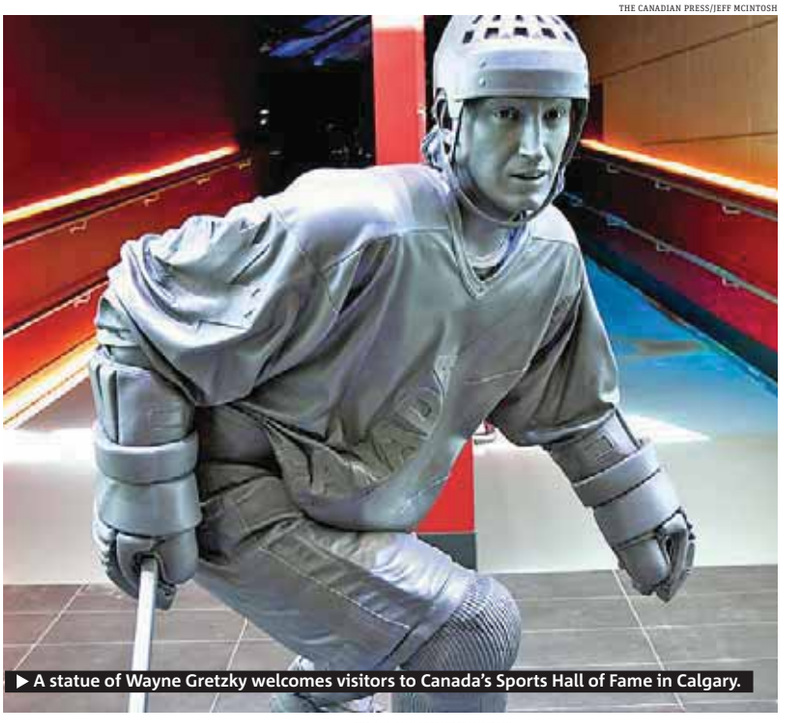
Michelle Cameron's Olympic gold medal in synchronized swimming — she and Carolyn Waldo won the duet in 1988 — is there along with one of her swimsuits.

"It does give me goose bumps seeing it here," Cameron said. "It's a little bit emotional actually. To have it here among the greatest athletes Canada has seen, it's pretty cool for it to be in a home like this."

Former Crazy Canuck Ken Read noted how beat up his ski helmet looked in a display that included his boots and gloves.

"It kind of shows a little bit of age because it's nearly 30-plus years old," he said. THE CANADIAN PRESS

THE CANADIAN PRESS/JEFF MCINTOSH



▶ A statue of Wayne Gretzky welcomes visitors to Canada's Sports Hall of Fame in Calgary.

THE CANADIAN PRESS/JEFF MCINTOSH

▶ The T-shirt worn by Canadian icon Terry Fox lies in a display case next to the shoe he dipped in the Atlantic ocean before starting his cross-country run.

Inductees

- **This year's inductees** will be hockey player Ray Bourque, football player Lui Passaglia, Paralympian Lauren Woolstencroft, triathlete Peter Reid, soccer player Andrea Neil and International Olympic Committee member Dick Pound.
- **The first induction** ceremony at the new Sports Hall of Fame will be Nov. 8.
- **General admission** to the Hall will be $12 for adults.

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▶ Canada's Sports Hall of Fame opens July 1.

Home of the Hall

- **Calgary beat out** nine other cities to become home to the Hall, which was paid for by the federal government ($15 million), provincial government ($10 million) and the City of Calgary ($5 million). The Sports Hall of Fame is in the process of raising $20 million privately for its operational expenses.
- **Founded in 1955,** the Hall once shared space with the Hockey Hall of Fame at Toronto's Exhibition grounds. But it went through a turbulent time after the federal government cancelled plans to move it to Ottawa nearly 12 years ago.
- **The Hall of Fame** was demolished to make way for BMO Field in 2006 and the exhibits were kept in storage.

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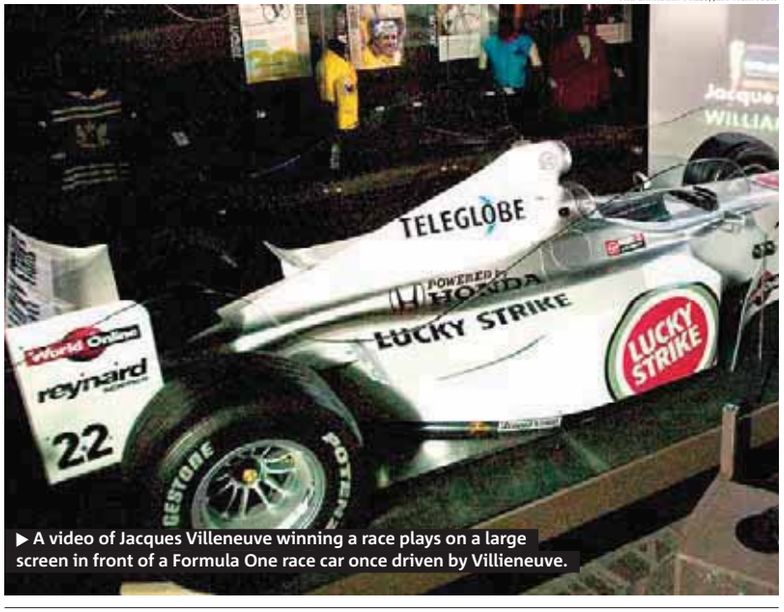

▶ A video of Jacques Villeneuve winning a race plays on a large screen in front of a Formula One race car once driven by Villieneuve.

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Ontario's playground

Simcoe County offers refined options for the sophisticated visitor
Don't miss local markets, art museums and finely crafted cuisine

GIZELLE LAU
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Simcoe County offers more than just the bright lights, spinning slots and big-name entertainment at Casino Rama.

Within an easy hour-and-a-half drive from downtown Toronto, Orillia acts as a gateway to Muskoka, Georgian Bay and cottage country. But speed on by too quickly and you'll miss the unexpected charm and sophistication that this small city has to offer.

For a short weekend escape from the entrapments of city life or a romantic rendezvous away from the kids, your mini-holiday begins and ends at the sophisticated Cavana Inn & Spa.

Originally built in 1889 by land surveyor Allan George Cavana, the 123-year-old property today is a heritage home with all the elegance of a Victorian-style inn, complete with ivy-lined walls, a lounging chaise on the front porch and private Juliet balcony perched above.

Owners Lee and Joanne Johnston bring many years of experience in hospitality (including stints at Toronto's Royal York Hotel that included meeting the Queen) to the table, offering a high degree of professionalism and attention to detail that really sets the Cavana apart.

The inn's modern-chic full-service hair salon and day spa offer a haven for many locals as well as a much-needed retreat for frazzled visitors.

For couples, soothing treatments like the Aroma Luxury Signature Massage (60 minutes) or the Healing Hot Stone Massage (90 minutes) at the healing hands of the spa's experienced massage therapists and aestheticians will help you achieve physical and mental restoration and rejuvenation.

Saturday morning begins with a breakfast that would put most B&B's to shame: hot steaming pastries, local fruit and a delicious hot breakfast.

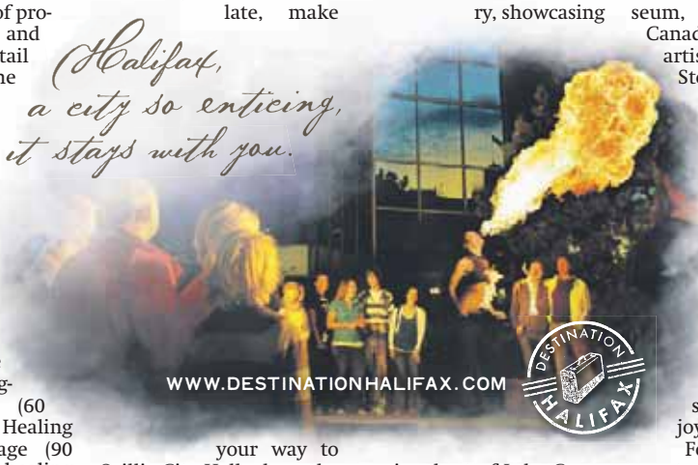
Next, before it's too late, make your way to Orillia City Hall where the farmers' market fills the nearby lot with local farmers, towny characters, fresh produce, baked goods, artwork and music to spark a hoedown.

Spend the rest of the morning and afternoon exploring downtown Orillia and the waterfront.

For art and history buffs, don't miss the Orillia Museum of Art & History, showcasing regional art of Lake Country, an inspiration for the many works of the Group of Seven.

GIZELLE LAU

▶ The Cavana Inn & Spa



Or visit the Leacock Museum, the old home of Canadian humourist, artist and academic, Stephen Leacock.

To best enjoy a sunny day, get out on the water on an Orillia Boat Cruise for a tour around peaceful Lake Couchiching.

For a light lunch or a quick snack, go where the locals go: Mariposa Market, for country-style soups, salads and sandwiches best enjoyed by the water.

For those with a sweet tooth, Mariposa makes some of the finest baked goods in the city: Skor butter tarts, cinnamon buns and homemade donuts. Downstairs, Apple Annie's makes fresh fudge that will leave you clamouring for more.

To finish off such a leisurely day, make your way to Era 67 for a romantic evening of finely crafted cuisine by award-winning chef Ian Thompson.

Showcasing regional and Canadian produce, they make a slurp-worthy bowl of P.E.I. mussels in a spiced white wine cream sauce and a six-ounce 45-day house-aged Alberta beef tenderloin, that when paired with the friendly service will not leave you wanting.

For more information on Simcoe County, visit cavanainn.com or experience.simcoe.ca.

GIZELLE LAU

▶ P.E.I. mussels at Era 67

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▶ Mariposa Market Bakery & Cafe

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▶ Inside Mariposa Market

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The ultimate B.C. road trip

Leave the car at home Explore the awe-inspiring West Kootenay region on the back of a motorcycle

Bliss is easy to find in the West Kootenay region of British Columbia, with its waterfalls, mineral hot springs and roads that twist their way through glacier-carved valleys.

There are no freeways here. Just two-lane rural highways connecting tiny lakeside towns separated by forest-covered mountains. In a car, a trip along these roads is awe-inspiring. On a motorcycle, it's mind-altering.

Bliss comes atop an 11-year-old Suzuki Intruder VS800, somewhere along Highway 31A between the former mining towns of New Denver and Kaslo. The tight S-curves winding their way up the cedar-filled slope demand a rider's full attention, clearing the mind of its anxieties.

Seaton Creek rushes by on the right, muffling the engine rumbling between the knees. Accelerate out of a turn, there's a deer grazing ahead. A few curves later, there's a black bear lounging on the grass next to the road.

The encounters are tonic for an urbanized soul.

This area is home to some of B.C.'s best motorcycling roads. The challenges and thrills they deliver even put them in a league with California's more renowned Pacific Coast Highway, but with a lot less traffic.

As a result, riders in the know flock here on their Harleys, BMWs and other two-wheeled delights. The region's largest town, Nelson, is 660 kilometres east of Vancouver and 620 kilometres southwest of Calgary, making it a doable long-weekend trek from either city.

The area is well set-up to deal with the influx of motorbikes. As the region's once-thriving mining and logging industries collapsed, communities turned to tourism and a host of travel-related businesses cater to the needs of visiting riders.

Businesses like the quirky Toad Rock Motorcycle Campground, located just up the road from the Balfour Ferry Terminal, where you catch the free Kootenay Lake Ferry connecting West and East Kootenay.

The campground is run by 58-year-old Mary Laird, a self-described "old hippie" with long silver locks.

Toad Rock has five rustic cabins and lots of tent space. Even if you arrive late at night without a reservation, Laird will find you somewhere to stay. The campground also has hot showers, laundry facilities and a pavilion where guests gather to socialize and swap road tales.

Don't like sleeping in a tent or bunking in a cabin? Don't panic. The area has plenty of motels and hotels choices.

THE CANADIAN PRESS

If you go...

- **Toad Rock Motorcycle Campground:** Tent camping $12/night/person. Cabins $25/night/person. toadrockcampground.com
- **New Grand Hotel:** Room rates $42-$113/night. Website has maps for great motorcycling day trips out of Nelson. newgrandhotel.ca/tours
- **Valhalla Inn:** Room rates $54-$76.50/night. Special motorcycling rates and packages. Website has maps for motorcycle routes and loops. valhallainn.biz/motorcycle-tours
- **Ainsworth Hot Springs Resort:** hotnaturally.com

THE CANADIAN PRESS/ ADRIAN NIEOCZYM

▶ The West Kootenay region of British Columbia offers motorcyclists not only great roads but fantastic scenery that will have you pulling over to take it all in.

THE CANADIAN PRESS/ ADRIAN NIEOCZYM

▶ A view of Kootenay Lake by the town of Kaslo, B.C.

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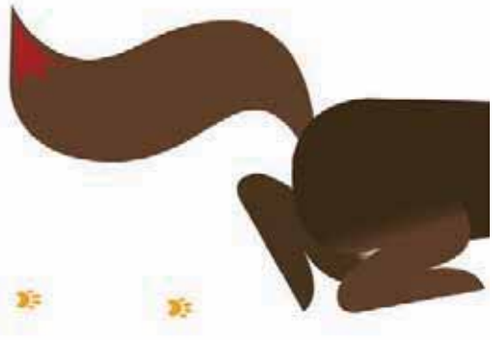

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The price is by person, including transportation, tour leader service and TICO compensation fund. For those tours more than 2 days, price also includes hotel accommodation. Tax is not included. Maple Tour is a brand name of standard bus tour service operated by Wonder Holidays Inc.

Postcards from the planet

HEATHER GREENWOOD DAVIS
GLOBETROTTINGMAMA.COM

TORONTO JUNE 29, 2011

Think it's hard planning your family vacation? Imagine doing it for a year of travel! For the next 12 months, award-winning family travel writer Heather Greenwood Davis and her family (husband Ish and sons Ethan, 8, and Cameron, 6) are travelling to six continents and more than 20 countries. Each week she'll send Metro readers a postcard with advice that will make planning your trip that much easier. Watch for Postcards from the Planet each week in Travel. Series starts July 6.

WATCH AND LEARN MORE ABOUT HEATHER'S FAMILY ADVENTURE AND TRAVEL TIPS AT WHEREPARENTSTALK.COM

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Rev your engines for Collection X

Harley-Davidson raids archive Motorcycle maker showcases rarely seen items in its Milwaukee exhibit

A new exhibit at the Harley-Davidson Museum is proof the Milwaukee motorcycle maker is about much more than its classic hogs.

An all-leather motorcycle made in Japan, rarely seen prototype bikes and a rocket engine that powered drone missiles during the Vietnam War are just a few of the items the company has dug out of its archive for "Collection X: Weird, Wild Wonders of the Harley-Davidson Museum."

The museum's senior curator, Kristen Jones, said certain items were chosen to tell particular stories when the museum opened nearly three years ago. But many got left in storage, only to be glimpsed by museum goers on special behind-the-scenes tours.

It's from those tours that curators got the idea to put together the new exhibit, said Jim Fricke, curatorial director.

"You see the look on people's faces when you let them into the climate-controlled storage area and we begin to pull out this treasure," he said. "So we decided to play off the kind of mystery embodied in the kind of secret storehouse. That's where the theme came from."

The exhibit, which runs through Aug. 21, includes a 1920s leather aviator's face mask, a tiered "trophy cake" that displays racing trophies from the early 1900s and handmade kidney belts that riders wore through the years.

"There are a lot of different chapters, and there are chapters that aren't as well-known as others," said museum vice-president Bill Davidson, the great-grandson of Harley-Davidson Motor Co. co-founder William A. Davidson, describing the history of the company where he's worked most of his life. THE ASSOCIATED PRESS

Special exhibit

"Collection X: Weird, Wild Wonders" is on display through Aug. 21.

- **Address:** 400 W. Canal St., Milwaukee, Wis., 414-287-2789
- **Open:** Sunday to Wednesday, 9 a.m. - 6 p.m.; Thursday, 9 a.m. - 8 p.m.; Friday to Saturday, 9 a.m. - 6 p.m.
- **Price:** Adults, $16; children 5-17, $10; under 5, free.

AP PHOTO/CARRIE ANTLFINGER

▶ A three-wheel vehicle from the 1980s.

AP PHOTO/HARLEY DAVIDSON MOTOR COMPANY, KELLY LAIRY

▶ A chopper made entirely of leather.

AP PHOTO/CARRIE ANTLFINGER

▶ A liquid-cooled motorcross bike from 1978, when the company considered getting into that market.

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San Francisco Air + 3 Nights $649
Bernsford Hotel + taxes & fees $131
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Los Angeles Air + 4 Nights 4-Star $699
Omni Hotel Los Angeles + taxes & fees $130
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Hawai'i Air + 7 Nights $849
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Amsterdam Air + First 2 Nights $519
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Go on a world tour with tabbouleh

This refreshing Middle Eastern salad allows for different combinations of whole grains, herbs and vegetables

MATTHEW MEAD/ THE ASSOCIATED PRESS

▶ Tabbouleh can be served with pita chips, scooped into a pita pocket or in a lettuce cup.

Tropical Tabbouleh

Ingredients:
- 500 ml (2 cups) cooked and cooled pearl barley
- 250 ml (1 cup) firmly packed chopped fresh cilantro
- 125 ml (1/2 cup) chopped fresh mint
- 3 scallions, sliced
- 45 ml (3 tbsp) lime juice
- 30 ml (2 tbsp) extra-virgin olive oil
- 250 ml (1 cup) diced mango
- 1 ml (1/4 tsp) allspice
- Salt and ground black pepper, to taste

Preparation:

1. In bowl, combine all ingredients. Toss, season with salt and pepper.

California Tabbouleh

Ingredients:
- 1 Granny Smith apple, diced
- 45 ml (3 tbsp) cider vinegar
- 500 ml (2 cups) cooked and cooled brown rice
- 1 small fennel bulb, cubed
- 125 ml (1/2 cup) chopped fresh parsley
- 30 ml (2 tbsp) chopped fresh thyme
- 50 ml (1/4 cup) chopped fresh chives
- 30 ml (2 tbsp) honey
- 15 ml (1 tbsp) olive oil
- 50 ml (1/4 cup) crumbled blue cheese
- 50 ml (1/4 cup) toasted sliced almonds
- Salt and black pepper

Preparation:

1. In a medium bowl, toss apple with vinegar. Add remaining ingredients, then toss well. Season with dash of salt and black pepper.

Nutrition info per serving: 290 calories, 90 calories from fat (30 per cent of total calories); 10 g fat; 5 mg cholesterol; 45 g carbohydrates; 7 g proteins; 6 g fibre; 160 mg sodium

THE ASSOCIATED PRESS

An Important Notice for
Adult Ontarians Living with Diabetes

Living with diabetes is not easy, but managing it day-to-day really means taking good care of yourself.

There are three key tests that people living with diabetes should receive on a regular basis. They are:

- the **HbA1C blood glucose control test**, which patients should receive at least every six months
- the **LDL-C cholesterol test**, which patients should receive every year
- a **retinal eye exam**, which patients should receive every two years

The Diabetes Testing Report was created to help inform your primary care provider (physician or nurse practitioner in a Nurse Practitioner-Led Clinic) of when you last had each of these three tests.

People living with diabetes who are tested regularly are better able to manage their diabetes and avoid complications. The Diabetes Testing Report will help you and your primary care provider better manage your diabetes care by reminding him or her if you are overdue for an HbA1C test, LDL-C test or retinal eye exam, and it will encourage you and your primary care provider to talk about your diabetes care.

Protecting Your Privacy

In order to create the Diabetes Testing Report, your primary care provider may share personal health information, including your name, OHIP number, and date of birth, with the Ministry of Health and Long-Term Care (MOHLTC). He or she will also confirm whether you have diabetes. In response, the MOHLTC will share the most recent dates of each of the three tests with your provider. Your privacy is important, and you are not required to have your information included in this report.

Deciding Not to Share Your Information

You may decide that you do not want your primary care provider to disclose your information to the MOHLTC, and that you do not wish to be included in your provider's Diabetes Testing Reports. If you choose to withhold or withdraw your consent, this will in no way affect your relationship with your health care provider and he or she will continue to provide care to you.

If you wish to withhold or withdraw your consent to having your information disclosed by your primary care provider and in any Diabetes Testing Reports that MOHLTC sends to your primary care provider, call **1-800-291-1405 (TTY: 1-800-387-5559)**. If you have previously withheld or withdrawn your consent to have your information included on the Diabetes Testing Report, you do not need to withhold or withdraw your consent again. If you wish to reinstate your consent, you can do so by calling the number above.

In Ontario, the Personal Health Information Protection Act, 2004 (PHIPA) is the legislation that governs the collection, use, retention, and disclosure of personal health information by health information custodians, including MOHLTC and primary care providers. For more information about the collection, use, and disclosure of your personal health information for the purposes of the Diabetes Testing Report, call the numbers listed above. For more information about diabetes, visit **ontario.ca/diabetes**.

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Benefit from a personal brand

STUDENT VOICE

CHIRS DIONNE
TALENTEGG.CA

Pursuing a post-graduate education was always in the cards for me. I knew I needed more than your average BA in today's competitive job market.

What I didn't know, however, was how important it was to craft a personal brand as part of the job hunt.

When I graduated from York University, I had a single internship under my belt. I was working on search engine optimization and social media at a Toronto museum, receiving credits for a fourth year course. I'd like to think I was hired based on my experience as a cast member at Walt Disney World, making dreams come true and practicing great customer service.

On graduation day, with my degree in hand, I was offered a summer internship at Canada Helps, a dynamic charitable foundation based in Toronto. This time I'd like to think I was hired for my SEO and social media savvy, highlighting the skills I had developed at the museum.

Now I was beginning to connect the dots in my career path. I understood the importance of leveraging the value of past work experiences to receive new opportunities. My experience with the Walt Disney Company got me the job at the museum, which led to my job at the charitable foundation.

Unfortunately, this still left me without a full-time job.

I persevered and enrolled in the public relations post-graduate program at Humber College, renowned for its reputation and connections in the PR industry. I also adopted an online image, learned the importance of crafting my personal brand, and began to connect with online influencers.

After attending Humber, I realized schools should place greater importance on helping students craft their own brand, developing a unique voice online. Connecting on LinkedIn, engaging on Twitter and blogging about relevant content provides students an opportunity to get their name out there, and increases their chances at gaining employment.

My advice for fellow students and recent grads is to start creating your own brand. Upload a visual resumé on SlideShare, create an About.me profile or launch your own website if you're feeling ambitious.

With the right tools, launching your personal brand will get you noticed among other job applicants. Leverage the power of storytelling and reap the benefits.

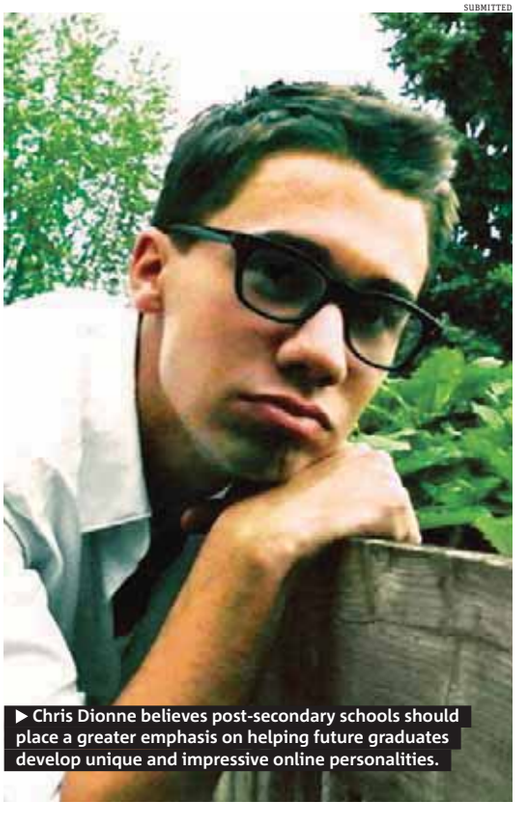
TALENTEGG.CA, CANADA'S ONLINE CAREER RESOURCE FOR STUDENTS AND RECENT GRADS, WANTS TO HEAR YOUR STUDENT VOICE. SHARE IT AT TALENTEGG.CA.

What I learned

Key take-aways from Chris' experience:

- Leverage skills from past work experiences when searching for new opportunities.
- Take advantage of social media platforms, including Twitter and LinkedIn, to build your online personal brand. In doing so, you can share your story with the online community, build a following that values your content and get noticed by employers.
- Show your passion for the industry you want to work in by blogging on relevant or newsworthy topics.

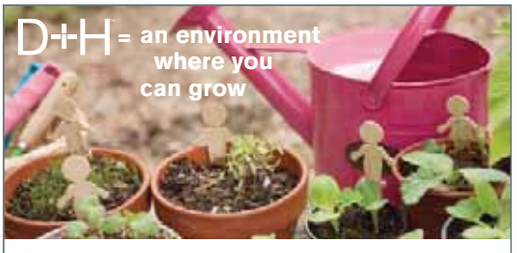
SUBMITTED



▶ Chris Dionne believes post-secondary schools should place a greater emphasis on helping future graduates develop unique and impressive online personalities.

Where Chris is now

I'm currently an account coordinator at North Strategic, a new communications agency executing programs that are social by design. Working at an organization built from the ground-up is a thrilling opportunity for a fresh grad. I get to work closely with North's founders, and discover the industry through seasoned professionals.



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A hole in one

When golfing with the boss, always behave like a pro

Many professionals will be asked to join their boss and clients for a round of golf this summer, and whether you play like a champion or rarely lift a club here are some tips about how to act on the course from Steve Stradiotto, a brewing specialist at Molson Coors and creator of Molson Canadian 67 Sublime, and CPGA professional Conor O'Shea.

ISTOCK

▶ The key to a great golf game with the big guy is some advance planning.

Prepare for the round like it is a meeting Call the pro shop ahead of time to confirm the dress code. If you need to rent clubs make sure they have some available. If you know your boss and clients are inclined to indulge at the 19th hole then plan ahead and offer to be the designated driver.

The warm-up Always visit the driving range. Start with some simple chipping and half swing shots; you'll establish a reliable tempo, warm up gradually and connect well with the ball.

Skip the shop talk Don't start talking about work unless your boss does. He/she might want to know you a little better, learn about your favourite band, sports team or local pub.

Great putting is about speed control Focus on getting the ball to slow down as it nears the hole. The slower the ball is rolling the more likely it will be to fall in. A good rule is to take the putter back and through the same distance, one inch for every foot on a flat putt.

Beating your boss? If it comes down to the last hole and you're tied - Make the putt. And if you do sink it, you should buy the first round of beer.

One good round deserves another In Canada, having a beer on the course is often part of the experience. If your foursome wants to enjoy a round during the round, stick to a light beer and help keep your drive straight and your game in control. NEWS CANADA

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CANADIAN, EH?

OVER THE YEARS, CANADIANS HAVE INVENTED ALL KINDS OF REALLY NEAT THINGS.

Test your knowledge with this fun quiz that puts the spotlight on interesting Canadian inventions and provides even more reasons to be proud to say you're Canadian.

1. Most people know that hockey and lacrosse originated in Canada. But guess what, so did:

a) Basketball
b) Baseball
c) Soccer
d) Rugby

2. Babies — and moms — around the world clap their hands for:

a) Soother
b) Baby bottle
c) Breast pump
d) Pablum

3. We were instrumental in creating this impressive noise-making machine.

a) Fog horn
b) Whoopee cushion
c) Bird caller
d) Door bell

4. Dr. Frederick Banting and colleagues at the University of Toronto made this life-changing discovery:

a) Insulin
b) Penicillin
c) Anti-convulsants
d) Methadone

5. The novelist Mordecai Richler described this superhero as the perfect expression of the Canadian psyche.

a) The Hulk
b) Ironman
c) Spiderman
d) Superman

6. This divine treat now has a trail designed in its honour.

a) Laura Secord chocolate
b) Nanaimo bar
c) Jelly beans
d) Ice cream

7. What would rural Canada do without this cold weather mainstay?

a) Battery charger
b) Ice fishing hut
c) Snow blower
d) Snowmobile

8. This game is a true Canadian classic.

a) 5 Pin bowling
b) Ball hockey
c) Dodge ball
d) Bocce ball

ANSWERS

1: a) Basketball. Dr. James Naismith invented the game of basketball more than 100 years ago. In the beginning, the hoop was actually a peach basket hanging on a gym wall. Eventually, the bottom was cut out of the basket, and over time, the game has become popular around the world.

2: d) Pablum. This cereal was developed in 1930 by a team of doctors at the Hospital for Sick Children in Toronto. It was the first ready-to-use vitamin and mineral enriched baby cereal — and has had great commercial success.

3: b) Whoopee cushion. The JEM Rubber Co., in Toronto, created this novelty item in 1930. Prior to that, similar items sounded like screaming cats or a crying child. The whoopee cushion, of course, became the king of flatulence gags!

4: a) Insulin. The discovery of insulin as a treatment for diabetes was a lifesaver and one of the biggest discoveries in medicine. Insulin helps control the amount of glucose (sugar) in the blood. In people with diabetes, the pancreas doesn't produce any or enough insulin or can't use the insulin it does produce.

5: d) Superman. Mordecai Richler once said that Superman was a "universal hero," famed throughout the world as the champion of everything virtuous — just like Canada. Created by 17-year-old Toronto-born Joe Shuster and his buddy Jerry Siegel, the Man of Steel hides his superpowers under the guise of mild-mannered reporter Clark Kent.

6: b) Nanaimo bar. Named after its founding city Nanaimo, B.C., this yummy bar consists of a crumb-based bottom layer topped with a layer of vanilla butter icing and finished with a melted chocolate top. If you visit Nanaimo today, you can follow the Nanaimo Bar Trail.

7: d) Snowmobile. Joseph-Armand Bombardier was a mechanic in Valcourt, Que., who dreamed of building a vehicle that could "float on snow." In 1937 his first snowmobile floated on snow — and a legendary machine and company was born.

8: a) Five-pin bowling. Five-pin bowling was created around 1909 by Tommy Ryan in Toronto. The story goes that he cut tenpins down to about 75 per cent of their size, and used hand-sized hard rubber balls.

ADD UP THE NUMBER OF QUESTIONS YOU GOT RIGHT.

IF YOU SCORED FIVE OR LESS You need to brush up on your Canadiana!

IF YOU SCORED SIX TO EIGHT You're definitely up on what makes Canada a fabulous country!

IF YOU SCORED OVER 8 Pat yourself on the back (but don't let anyone see you!). You are a true Canadian!

ONLY IN CANADA, YOU SAY?

Crispy Crunch, Mr. Big, Sweet Marie and Caramilk are available only in Canada and are still made in the Toronto Cadbury factory where they were invented.

Ketchup-flavoured potato chips are popular only in Canada. Attempts to market them in the United States have failed, although two companies — both located near the Canadian border — continue to manufacture and distribute ketchup-flavoured chips. In Canada, only plain, barbecue and salt-and-vinegar are more popular.

FOR MORE TRIVIA ABOUT CANADA – Canada Cool's App for iPhone and iPod Touch is a 40-question trivia game about Canada developed by Lucy Izon and selling for $2 in the iTunes store.

DID YOU KNOW?

PIZZA NOVA'S FAMILY RECIPE HAS KEPT MOUTHS WATERING FOR ALMOST 50 YEARS

The Pizza Nova story begins in 1963, when a young Italian family opened their very first restaurant at the corner of Kennedy and Lawrence, here in Toronto. They served hand-tossed pizzas, fresh pastas and, of course, wine.

The food was great, the wine was great, and the customers were happy. Demand grew. Just a few years later, Pizza Nova began opening more locations, where franchisees made their own sauce, chopped every topping by hand, hand-tossed their dough and baked Italian-style pizzas in stone ovens, just like the owners of the first restaurant did. Pizza Nova remains a family-owned company, now with more than 125 locations, only one of them serving wine, but all of them doing business by one maxim: "We Deliver Quality."

IT'S ALL ABOUT QUALITY

FACT To make great food, you need great ingredients. For almost half a century now, Pizza Nova has selected the freshest vegetables, the purest dairy products, and the finest meats to make pizzas it can be proud of. The next time you bite into a Pizza Nova slice, consider this:

- Pizza Nova sources top-quality Canadian products — often local to Ontario — whenever and wherever possible. The company also works primarily with Canadian suppliers. This means that mushrooms on top of a Pizza Nova pizza are harvested fresh in Ontario, and never from a can. It means that both the regular and whole-wheat dough is made fresh daily; with wholesome wheat from the Canadian Prairies and 100 per cent purified water — all of it trans fat-free. It means cheeses supplied by the Dairy Farmers of Canada; and pepperoni, sausage, beef, grilled chicken, veal, and real strips of bacon from Canadian farms too, along with most of the vegetables, when in season.
- Pizza Nova's tomatoes ripen naturally on the vine, in the heat of the California sun. The vines are picked only once a year, when the tomatoes are at peak ripeness; after that, they're inspected, washed and packed, all within six hours. A Pizza Nova representative is on-hand to ensure only the best product makes the trip back to Canada. You'll taste the difference.
- All Pizza Nova's menu items fully comply with guidelines set forth in the Ontario Ministry of Education's Memorandum No. 150, "School Food and Beverage Policy," which outlines the nutritional standards for food and beverages sold in publicly funded elementary and secondary schools in Ontario. The best part? None of Pizza Nova's recipes required adjustment. The company's website offers detailed information on nutrition and allergens.

A DIFFERENT KIND OF DELIVERY

Hungry on the go? Keep your eyes peeled for a green truck — it just might be the Pizza Nova Taste Patrol. From June to late-September, the Taste Patrol Team travels across Ontario in their Chevrolet Tahoe, specially equipped with heated pizza bags, offering full-sized sample squares of fresh, gourmet pizza to lucky passers-by. The team also hands out branded T-shirts and soccer balls, playing Italian music while performing their good deeds.

Pizza Nova is also an official sponsor of the Toronto International Film Festival (TIFF), so the Patrol does double duty during festival week, serving its pizza to TIFF patrons waiting in line for tickets at high-traffic locations, like Roy Thomson Hall, the Ryerson Theatre, and the VISA Screening Room at the Elgin Theatre.

WHAT FRESH REALLY MEANS

There's no substitute for good-quality food. The same goes for good-quality air and water — and Pizza Nova does what it can to give you all three.

Check out the numbers: All Pizza Nova boxes are 100 per cent recyclable and manufactured with 50 per cent post-consumer waste and 15 per cent post-industrial waste. The company estimates it saved more than 24,986 mature trees in 2010, the equivalent of 13 football fields or 42 truckloads of waste destined for landfill. That's a lot of garbage we'll never have to see.

Like a lot of people, the staff and management at Pizza Nova put special emphasis on Earth Day. It's no day off for them, though. Every April 22nd, members of Pizza Nova's commissary, management team, and customer care centre don "Pizza Nova Clean-Up Crew" uniforms and sanitary gloves, collecting litter in the areas surrounding head office in East Toronto and its adjacent buildings.

WHAT A DOLLAR CAN REALLY DO

Pizza Nova knows family, and it knows community too. That's why the biggest day of the year for Pizza Nova franchisees is the second Tuesday in May, when they partner with Variety Village. For that one day, Pizza Nova sells medium pepperoni pizzas for only $4.99, with one dollar from every pizza sold going directly to Variety Village. This partnership, now in it twelfth year, has seen Pizza Nova raise almost $1-million for the charity, helping kids to achieve their paralympic goals.

Pizza Nova also founded the Rising Stars Scholarship program, whereby athletes affiliated with the Village who demonstrate outstanding potential, as determined by Variety coaches and staff, are awarded $1,000 scholarships to help fund their training. This year, the scholarships will be presented to six recipients at the Variety Village Athletic Banquet, held in September at Ella's Banquet Hall in East Toronto.

Variety is one of several local charitable organizations and sports teams Pizza Nova supports. While each meets a unique need, the company specializes in programs that help children succeed and promote better digestive health.

PIZZA NOVA®
TASTE THE DIFFERENCE
TRUE TO OUR ITALIAN HERITAGE
AND SO PROUD TO BE CANADIAN
CRUST
ALL OUR DOUGH IS TRANS-FAT FREE, MADE WITH 100% PURIFIED WATER AND ONLY THE FINEST WHEAT FROM THE CANADIAN PRAIRIES.
REAL STRIPS OF BACON
WE'D RATHER STARVE THEN SERVE OUR CUSTOMERS "BACON CRUMBLE" OR "BACON TOPPING". 100% REAL STRIPS OF MADE IN CANADA BACON.
FRESH ONTARIO MUSHROOMS
WE ONLY SERVE FRESH ONTARIO MUSHROOMS... NEVER FROM A CAN... LIKE SOME OTHER PIZZA PLACES DO.
CHEESE
OUR MOZZARELLA IS OUR VERY OWN SPECIAL BLEND SUPPLIED BY THE DAIRY FARMERS OF CANADA.
PEPPERONI
OUR FAMOUS PEPPERONI IS A PROPRIETARY AND CUSTOM RECIPE DEVELOPED BY PIZZA NOVA AND PRODUCED IN CANADA BY MAPLE LEAF FOODS.
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weight loss

EXTREME FITNESS
www.extremefitness.ca

Lost 252 lbs in 10 months!

Robert Richardson entered the ExtreME 60 Day Challenge because he was fed up with not being able to tie his shoes, or even be able to shop at a shopping mall because normal clothes wouldn't fit him. He did it for his family he says "I wanted to be able to play basketball with my son without having a heart attack." Robert also says that the most rewarding prize was achieving a decade old goal and being able to smile again.

Richardson claims his trainer Greg Fleming has been a huge part of his success and focus. Flemming started him on a solid program to help him reach his goals which included specific exercises to increase balance, stamina and agility paired with cardio, strength and circuit training.

"Greg made working out fun for me," says Richardson. "He made me believe in myself and pushed me to do things I couldn't have done without him !".

"I am so proud of everything he has done, it's a great bonus to win the contest but we still have a long way to go, and I expect a ride in the new BMW." Says trainer, Greg Fleming.

Over 2,500 members of Extreme Fitness signed up for the ExtreME 60 Day Challenge between January 03 and March 31 in hopes to lose weight, get fit, and win the Grand Prize worth over $60,000.

The 13 ExtreME 60 DAY CHALLENGE front runners all lost a tremendous amount of weight but they say that the best prize to be won is getting their life back. However, if losing 50 pounds, gaining muscle mass and a higher metabolism isn't exciting enough the Grand Prize Winner, Robert Richardson will receive over $60,000 worth of prizes including a two year lease on a brand new car from Endras BMW.

Robert Richardson
BEFORE he lost weight

"I wanted to be able to play basketball with my son without having a heart attack", says Robert

Welcome to the jungle!

Has urban living left you feeling like a caged animal? Well, let your carnal energies run wild this summer – outside – at Extreme Fitness's newest class, Concrete Jungle Bootcamp.

Concrete Jungle Bootcamp takes the best of Bootcamp, and utilizes the structures and facilities of the urban landscape by turning them into your workout playground. Use park benches for step ups or tricep dips, street curbs for lunges, or perform vertical pushups against a majestic Maple tree.

The Concrete Jungle Bootcamp is taught by Extreme's certified Group Fitness Instructors who are well versed in effective exercise protocols and motivational techniques.

And the best part? Concrete Jungle Bootcamp is included with every membership, along with the more than 900 Group Fitness classes available each week across the 13 GTA locations.

Visit Extreme's website www.extremefitness.ca to get more info or join a class that's right for you!

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Jays blast four homers but fall short to Pirates

7	6
PIRATES	BLUE JAYS

Alex Presley hit his first career major league home run and Andrew McCutchen added his 11th of the season as the Pittsburgh Pirates hung on to defeat the Toronto Blue Jays 7-6 last night.

The Pirates (40-38) overcame four home runs by the Blue Jays (39-41), including two by Edwin Encarnacion. It was the Blue Jays' second loss in a row.

Right-hander Kevin Correia (10-6) allowed five hits, including home runs by Jose Bautista and Encarnacion, and four runs in six innings. Corey Patterson and Encarnacion homered against left-hander Tony Watson in the seventh.

Joel Hanrahan picked up his 23rd save in as many opportunities this season.

The Pirates rapped out nine hits and scored six runs against left-handed starter Jo-Jo Reyes (3-7) in 3⅔ innings.

The game fell apart for Reyes in Pittsburgh's four-run fourth that exposed Toronto's outfield without Bautista, who has been moved to third base from right field for offensive reasons. Bautista hit his 24th homer of the season in the bottom of the fourth. THE CANADIAN PRESS

ALLSPORT/GETTY IMAGES

▶ Former Toronto Maple Leaf Doug Gilmour was inducted into the Hockey Hall of Fame.

Chip off the old block

Gordie Howe's son Mark called to Hockey Hall of Fame ◐ Ed Belfour, third-winningest goalie in NHL, lone 2011 inductee to get in on first ballot

Mark Howe didn't have to live up to the lofty standard set by his father Gordie in order to earn a spot alongside him in the Hockey Hall of Fame.

The younger Howe played much of his career in the shadow of his famous father, but found out yesterday that it was worthy of hockey's highest honour. He will be enshrined in the hall Nov. 14 alongside Ed Belfour, Joe Nieuwendyk and Doug Gilmour.

"To get the phone call today kind of took my breath away," said Howe. "I don't consider myself in the class of players as the Gordie Howes and the Wayne Gretzkys and the Bobby Orrs, but to be mentioned in a class (like this one) means the world to me."

Howe was just 18 when he began his pro career as a forward for Houston in the World Hockey Association. It was a chance for the most famous family in hockey — at the time — to all wear the same sweater.

Howe eventually moved on to the NHL when the Hartford Whalers were absorbed in 1979. Playing as a defenceman, he scored at least 15 goals on eight occasions and amassed 742 points over 16 NHL seasons.

The call from the hall was a long time coming for Howe, who had been eligible since 1998. Gilmour had been passed over every year since 2006 while Nieuwendyk missed out last June. THE CANADIAN PRESS

No Burns this year

- The 18-member selection committee decided not to elect someone in the builder's category for the first time since 1981.
- So it will be at least another year before former Maple Leafs coach Pat Burns is officially enshrined.
- There has been a strong push for the three-time Jack Adams Award winner, who died of cancer in November at age 58.

4 sports

Quoted

"I'm going to learn my lesson from what I did at The Players and apply it this time and come back when I'm 100 per cent. I don't know when that's going to be."

TIGER WOODS, SAYING HE WILL NOT RETURN TO GOLF UNTIL HE IS FULLY HEALTHY.

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Nadal practises on hurt foot

Injury not as bad as first feared, says coach of top-seeded player

Give Uncle Toni credit for honesty.

Toni Nadal, Rafael's uncle and coach, watched Wimbledon's defending champion put in about an hour of practice on a left foot that's not as seriously injured as first feared, then offered this assessment to a handful of reporters yesterday:

"Even if he was 50 per cent, I would tell you he's 100 per cent. But he will be 100 per cent. Everything's fine."

The top-seeded Nadal plays 10th-seeded Mardy Fish of the United States in today's quarter-finals at the All England Club. The other quarter-finals are No. 2 Novak Djokovic against 18-year-old Bernard Tomic of Australia, No. 3 Roger Federer against No. 12 Jo-Wilfried Tsonga of France, and No. 4 Andy Murray against unseeded Feliciano Lopez of Spain.

If the favourites all win, it would be the first time that the top-four seeded men all reached the semifinals at Wimbledon since 1995, when Andre Agassi, Pete Sampras, Boris Becker and Goran Ivanisevic did it. Nadal, Djokovic, Federer and Murray filled out the final four at the French Open earlier this month; there never have been consecutive Grand Slam tournaments with Nos. 1-4 in the semifinals during the Open era, which began in 1968.

Past results suggest the quarter-finals shouldn't present too many problems for the sport's leading men.

Consider, first of all, the head-to-head records: Nadal is 5-0 vs. Fish; Federer is 4-1 vs. Tsonga; Murray is 4-0 vs. Lopez; Djokovic and Tomic never have played.

Nadal's 10 Grand Slam titles include two at Wimbledon, where he is 30-2 since the start of the 2006 tournament, with two runner-up finishes.

THE ASSOCIATED PRESS

ANJA NIEDRINGHAUS/THE ASSOCIATED PRESS

▶ Maria Sharapova celebrates defeating Dominika Cibulkova.

Sharapova, Lisicki reach Wimbledon semifinals

Maria Sharapova looked like a champion under the Centre Court roof at Wimbledon, advancing to the semifinals at the All England Club for the first time since 2006 with a 6-1, 6-1 win yesterday over Dominika Cibulkova.

Sharapova, the only Wimbledon champion remaining in the women's draw after the Williams sisters were eliminated a day earlier, won eight straight games to win the first set and take control of the second.

The fifth-seeded Russian has not lost a set at this year's tournament, and she was nowhere near losing one yesterday.

"It's been a few years since I got past the fourth round, and now I'm in the semifinals," said Sharapova, who won the tournament in 2004 and also reached the semifinals in '05. "So this is a great chance for me to take it a step further."

Sharapova will face German wild-card entry Sabine Lisicki. She reached her first Grand Slam semifinal by beating 2007 finalist Marion Bartoli 6-4, 6-7 (4), 6-1 on another wet day at Wimbledon.

"This is a player that's playing with a tremendous amount of confidence right now and playing really great grass-court tennis, so it'll be a really tough match but I certainly look forward to it," Sharapova said.

THE ASSOCIATED PRESS

NHL

Canucks trade Ehrhoff's rights to Isles

Christian Ehrhoff's days with the Vancouver Canucks are over.

The club announced yesterday that the rights to the defenceman have been traded to the New York Islanders for a fourth-round draft pick in 2012.

Ehrhoff is set to become an unrestricted free agent Friday, the start of the free agency period. The Islanders will have exclusive negotiation rights with the veteran until then.

Ehrhoff made $3.1 million US last season.

The move comes hours after the Canucks signed top defenceman Kevin Bieksa to a five-year, $23-million contract extension.

Ehrhoff was a solid contributor to the Canucks' first-overall finish in the 2010-11 regular season, putting up 50 points (14 goals, 36 assists) and a plus-19 rating in 79 games.

His numbers dipped in the playoffs, where he had 12 points in 23 games and a minus-13 rating. He was limited to one point in Vancouver's Stanley Cup final loss to Boston, and was on the ice for two of the Bruins' four goals in the deciding game. He said after the final that he had been playing with an injured shoulder.

THE CANADIAN PRESS

MAJOR LEAGUE BASEBALL

AMERICAN LEAGUE

EAST DIVISION

	W	L	Pct	GB
New York	46	31	.597	—
Boston	45	33	.577	1½
Tampa Bay	45	35	.563	2½
Toronto	39	41	.488	8½
Baltimore	35	41	.461	10½

CENTRAL DIVISION

	W	L	Pct	GB
Detroit	43	37	.538	—
Cleveland	41	36	.532	½
Chicago	38	41	.481	4½
Kansas City	33	46	.418	9½
Minnesota	32	45	.416	9½

WEST DIVISION

	W	L	Pct	GB
Texas	41	38	.519	—
Los Angeles	40	40	.500	1½
Seattle	39	40	.494	2
Oakland	35	44	.443	6

AMERICAN LEAGUE

Monday's result
Detroit 4 Toronto 2

INTERLEAGUE

Last night's results
Pittsburgh 7 Toronto 6
N.Y. Mets 14 Detroit 3
N.Y. Yankees 12 Milwaukee 2
Philadelphia 5 Boston 0
Tampa Bay 4 Cincinnati 3
St. Louis at Baltimore
Texas at Houston
L.A. Dodgers at Minnesota
Chicago White Sox at Colorado
Cleveland at Arizona
Florida at Oakland
Kansas City at San Diego
Washington at L.A. Angels
Atlanta at Seattle
Monday's results
Atlanta 3 Seattle 1
Cincinnati 5 Tampa Bay 0
Cleveland 5 Arizona 4
L.A. Angels 4 Washington 3 (10 ings)
L.A. Dodgers 15 Minnesota 0
San Diego 4 Kansas City 3
Today's games
All Times Eastern
Cincinnati (Volquez 4-3) at Tampa Bay (Shields 8-4), 12:10 p.m.
L.A. Dodgers (R.De La Rosa 3-2) at Minnesota (S.Baker 5-5), 1:10 p.m.
Kansas City (Chen 4-1) at San Diego (Stauffer 3-5), 3:35 p.m.
Atlanta (D.Lowe 3-6) at Seattle (F.Hernandez 8-6), 3:40 p.m.
Cleveland (C.Carrasco 7-4) at Arizona (Duke 1-2), 3:40 p.m.
Boston (Lackey 5-6) at Philadelphia (Worley 2-1), 7:05 p.m.
Milwaukee (Marcum 7-2) at N.Y. Yankees (A.J.Burnett 7-6), 7:05 p.m.
N.Y. Mets (Capuano 6-7) at Detroit (Coke 1-7), 7:05 p.m.
St. Louis (C.Carpenter 2-7) at Baltimore (Jakubauskas 2-0), 7:05 p.m.
Washington (Zimmermann 5-6) at L.A. Angels (Haren 7-5), 7:05 p.m.
Pittsburgh (Maholm 4-8) at Toronto (Morrow 3-4), 7:07 p.m.
Texas (C.Lewis 6-7) at Houston (Myers 3-6), 8:05 p.m.
Chicago White Sox (Buehrle 6-5) at Colorado (Jimenez 3-7), 8:40 p.m.
Florida (Nolasco 4-4) at Oakland (Moscoso 2-3), 10:05 p.m.

NATIONAL LEAGUE

EAST DIVISION

	W	L	Pct	GB
Philadelphia	50	30	.625	—
Atlanta	45	35	.563	5
New York	40	39	.506	9½
Washington	40	39	.506	9½
Florida	34	44	.436	15

CENTRAL DIVISION

	W	L	Pct	GB
Milwaukee	44	36	.550	—
St. Louis	42	38	.525	2
Pittsburgh	40	38	.513	3
Cincinnati	41	40	.506	3½
Chicago	32	47	.405	11½
Houston	28	51	.354	15½

WEST DIVISION

	W	L	Pct	GB
San Francisco	45	34	.570	—
Arizona	43	37	.538	2½
Colorado	38	40	.487	6½
Los Angeles	36	44	.450	9½
San Diego	35	45	.438	10½

NATIONAL LEAGUE

Yesterday's results
San Francisco 13 Chicago Cubs 7 (1st gm)
San Francisco at Chicago Cubs (2nd gm)
Monday's result
Chicago Cubs 7 Colorado 3
Tonight's game
All Times Eastern
San Francisco (Lincecum 6-6) at Chicago Cubs (Dempster 5-6), 8:05 p.m.

PIRATES 7, BLUE JAYS 6

Pittsburgh	ab	r	h	bi	Toronto	ab	r	h	bi
Presley lf	5	1	2	3	YEscor ss	5	0	2	0
dArnad 3b	4	0	0	0	EThms rf	5	2	2	0
Walker 2b	5	0	1	1	Bautist 3b	3	1	1	3
AMcCt cf	5	1	1	1	Lind 1b	3	0	1	0
Overay 1b	4	1	1	0	JRiver lf	4	0	0	0
Diaz dh	4	1	3	1	RDavis cf	0	0	0	0
GJones rf	4	1	1	1	A.Hill 2b	4	0	0	0
Paul rf	0	0	0	0	CPttrsn cf-lf	4	1	1	1
Cedeno ss	3	2	2	0	Encrnc dh	4	2	2	2
McKnr c	4	0	1	0	Arencii c	2	0	0	0
Totals	**38**	**7**	**12**	**7**	**Totals**	**34**	**6**	**9**	**6**

Pittsburgh	002	400	100	—7
Toronto	001	201	200	—6

E—d'Arnaud (2), Arencibia (3). DP—Pittsburgh 3. LOB—Pittsburgh 6, Toronto 5. 2B—Y.Escobar (11). 3B—Diaz (1), E.Thames (2). HR—Presley (1), A.McCutchen (11), Bautista (24), C.Patterson (6), Encarnacion 2 (5). SB—d'Arnaud (1), G.Jones (4). CS—Cedeno (5).

Pittsburgh	IP	H	R	ER	BB	SO
Correia W,10-6	6	5	4	4	1	3
Watson	0	2	2	2	0	0
Resop H,10	1-3	1	0	0	2	1
Veras H,16	1 2-3	0	0	0	0	0
Hanrahan S,23-23	1	1	0	0	0	1
Toronto						
Jo-.Reyes L,3-7	3 2-3	9	6	6	1	5
L.Perez	3	2	1	1	0	4
Dotel	1-3	0	0	0	0	0
Camp	1	1	0	0	1	0
Rauch	1	0	0	0	0	1

Watson pitched to 2 batters in the 7th.
HBP—by Correia (Arencibia).
Umpires—Home, Bill Welke; First, Dan Iassogna; Second, Mike Estabrook; Third, Marty Foster.
T—3:11. A—17,085 (49,260) at Toronto.

TENNIS

WIMBLEDON

At London
Yesterday's results
WOMEN
Singles
Quarter-finals
Victoria Azarenka (4), Belarus, def. Tamira Paszek, Austria, 6-3, 6-1.
Maria Sharapova (5), Russia, def. Dominika Cibulkova (24), Slovakia, 6-1, 6-1.
Petra Kvitova (8), Czech Republic, def. Tsvetana Pironkova (32), Bulgaria, 6-3, 6-7 (5), 6-2.
Sabine Lisicki, Germany, def. Marion Bartoli (9), France, 6-4, 6-7 (4), 6-1
Doubles
Third Round
Liezel Huber and Lisa Raymond (3), U.S., def. Angelique Kerber, Germany, and Christina McHale, U.S., 6-1, 6-0.
Sania Mirza, India, and Elena Vesnina (4), Russia, def. Daniela Hantuchova, Slovakia, and Agnieszka Radwanska (13), Poland, 6-4, 6-3.
Kveta Peschke, Czech Republic, and Katarina Srebotnik (2), Slovenia, def. Cara Black, Zimbabwe, and Shahar Peer (14), Israel, 6-2, 5-7, 6-3.
Nuria Llagostera Vives and Arantxa Parra Santonja, Spain, def. Sara Errani and Roberta Vinci, Italy, 7-5, 6-4.
MEN
Doubles
Second Round
Jurgen Melzer, Austria, and Philipp Petzschner (5), Germany, lead Scott Lipsky and Rajeev Ram, U.S., 6-4, 1-2 (susp., rain).
Third Round
Bob and Mike Bryan (1), U.S., tied with Simon Aspelin, Sweden, and Paul Hanley, Australia, 6-3, 4-6, 6-7 (5), 6-3, 3-3 (susp., rain).
Michael Llodra, France, and Nenad Zimonjic (6), Serbia, lead Carsten Ball, Australia, and Santiago Gonzalez, Mexico, 6-4, 6-6 (10-9) (susp., rain).
Colin Fleming and Ross Hutchins, Britain, def. Ashley Fisher and Stephen Huss, Australia, 6-3, 6-4, 6-2.
James Cerretani, U.S., and Philipp Marx, Germany, def. Juan Sebastian Cabal and Robert Farah, Colombia, 3-6, 7-6 (2), 6-4, 6-4.
Quarter-finals
Arnaud Clement, France, and Lukas Dlouhy, Czech Republic, lead Robert Lindstedt, Sweden, and Horia Tecau (8), Romania, 6-3 (susp., rain).
MIXED DOUBLES
Second Round
Martin Damm and Renata Voracova, Czech Republic, def. Eduardo Schwank, Argentina, and Alla Kudryavtseva, Russia, 6-7 (3), 7-6 (5), 6-3.
INVITATIONAL DOUBLES
Round Robin
Gentlemen Group A
Donald Johnson and Jared Palmer, U.S., lead Goran Ivanisevic, Croatia, and Richard Krajicek, Netherlands, 3-2 (susp., rain).
Senior Gentlemen — Group B
Jeremy Bates, Britain, and Anders Jarryd, Sweden, def. Vijay Amritraj, India, and John Fitzgerald (2), Australia, 6-2, 6-2.
Ladies — Group B
Magdalena Maleeva, Bulgaria, and Barbara Schett, Austria, def. Tracy Austin and Kathy Rinaldi (2), U.S., 6-3, 6-4.
JUNIOR GIRLS
Singles
Second Round
Eugenie Bouchard (5), Westmount, Que., leads Barbara Haas, Austria, 6-0, 1-0 (susp., rain).

CFL

2010 FINAL STANDINGS

EAST DIVISION

	GP	W	L	T	PF	PA	Pt
yc-Montreal	18	12	6	0	521	475	24
x-Hamilton	18	9	9	0	481	450	18
x-Toronto	18	9	9	0	373	442	18
Winnipeg	18	4	14	0	464	485	8

WEST DIVISION

	GP	W	L	T	PF	PA	Pt
y-Calgary	18	13	5	0	626	459	26
x-Saskatchewan	18	10	8	0	497	488	20
x-B.C.	18	8	10	0	466	466	16
Edmonton	18	7	11	0	382	545	14

x — clinched playoff berth.
y — clinched division title.
c — won Grey Cup

PLAYOFFS
Division Semifinals
East — Toronto 16 Hamilton 13
West — Saskatchewan 41 B.C. 38
Division Finals
East — Montreal 48 Toronto 17
West — Saskatchewan 20 Calgary 16
98th Grey Cup
At Edmonton
Montreal 21 Saskatchewan 18

2011 REGULAR SEASON

WEEK ONE

All Times Eastern
Tomorrow's game
B.C. at Montreal, 7:30 p.m.
Friday's games
Winnipeg at Hamilton, 6 p.m.
Toronto at Calgary, 9 p.m.
Sunday's game
Edmonton at Saskatchewan, 7 p.m.

GOLF

CN CANADIAN WOMEN'S TOUR

At Acton, Ont.

Leading scores yesterday from the first round of the CN Canadian Women's Tour final event, at the 6,190-yard, par-72 Blue Springs Golf Club (a-denotes amateur):

Jessica Shepley	**34-35—69**
Beth Bader	35-35—70
Sue Kim	**35-36—71**
Kirby Dreher	**36-35—71**
Noriko Nakazaki	37-35—72
Stacey Bieber	**34-38—72**
Anna Scott	34-38—72
Susan Choi	36-36—72
a-Brittany Marchand	**37-36—73**
Lisa Meldrum	**39-34—73**
Jessica Carafiello	36-37—73
a-Jessica Wallace	**39-34—73**
Jenna Pearson	36-37—73
a-Jacqueline Yanch	**35-38—73**
Alexa Kim	**36-37—73**
Bryana Gregory	37-36—73
Alena Sharp	**38-36—74**
a-Rebecca Lee-Bentham	**40-34—74**
Lisa Ferrero	35-39—74
Lindsey Bergeon	37-37—74
Ashley Sholer	**36-38—74**
Laura Bavaird	39-35—74
Samantha Richdale	**39-35—74**
Tara Goedeken	35-39—74
Candace Schepperle	37-38—75
Danielle Mills	**37-38—75**
Seema Sadekar	**38-37—75**
a-Christine Wong	**37-38—75**
a-Jennifer Kirby	**37-38—75**
Katy McNicoll	38-37—75
a-Natalie Gleadall	**36-39—75**
a-Lauren Mielbrecht	36-39—75
a-Erica Rivard	**35-40—75**

SOCCER

MLS

EASTERN CONFERENCE

	GP	W	L	T	GF	GA	Pt
Philadelphia	16	7	4	5	19	14	26
Columbus	16	6	4	6	20	17	24
New York	17	5	3	9	27	21	24
Houston	17	4	6	7	21	22	19
D.C. United	15	4	5	6	21	27	18
Kansas City	15	4	6	5	19	21	17
Chicago	17	2	4	11	18	21	17
New England	17	3	8	6	13	21	15
Toronto	18	2	7	9	16	29	15

WESTERN CONFERENCE

	GP	W	L	T	GF	GA	Pt
Los Angeles	19	9	2	8	25	15	35
Dallas	17	9	4	4	24	17	31
Seattle	18	8	4	6	23	16	30
Real Salt Lake	15	7	3	5	18	9	26
Colorado	17	5	5	7	19	21	22
San Jose	15	5	5	5	20	17	20
Portland	15	5	7	3	18	26	18
Chivas USA	16	4	7	5	20	21	17
Vancouver	16	2	7	7	16	22	13

Tonight's game
All Times Eastern
Vancouver at Toronto, 7:30 p.m.
Saturday's games
Philadelphia at D.C. United, 7:30 p.m.
Columbus at Dallas, 9 p.m.
Chicago at Chivas USA, 10 p.m.
New York at San Jose, 10:30 p.m.
Kansas City at Portland, 11 p.m.
Sunday's game
Houston at Colorado, 9 p.m.
Monday, July 4
New England at Real Salt Lake, 8:30 p.m.
Seattle at Los Angeles, 10:30 p.m.

NASL

	GP	W	L	T	GF	GA	Pt
Carolina	13	11	1	1	31	11	34
Edmonton	13	7	4	2	17	14	23
Puerto Rico	12	5	4	3	18	19	18
Minnesota	13	4	3	6	16	14	18
Fort Lauderdale	12	3	2	7	16	14	16
Tampa Bay	12	3	5	4	12	18	13
Montreal	12	2	7	3	11	13	9
Atlanta	13	1	10	2	9	27	5

Tonight's games
All Times Eastern
Puerto Rico at Montreal, 7:30 p.m.
Tampa Bay at Fort Lauderdale, 7:30 p.m.
Sunday's games
Montreal at Carolina, 7 p.m.
Monday, July 4
Puerto Rico at Atlanta, 5 p.m.
Fort Lauderdale at Tampa Bay, 6 p.m.
Edmonton at Minnesota, 7:30 p.m.

FIFA WOMEN'S WORLD CUP

GROUP A

	GP	W	L	T	GF	GA	Pt
Germany	1	1	0	0	2	1	3
France	1	1	0	0	1	0	3
Canada	**1**	**0**	**1**	**0**	**1**	**2**	**0**
Nigeria	1	0	1	0	0	1	0

GROUP B

	GP	W	L	T	GF	GA	Pt
Japan	1	1	0	0	2	1	3
England	1	0	0	1	1	1	1
Mexico	1	0	0	1	1	1	1
New Zealand	1	0	1	0	1	2	0

GROUP C

	GP	W	L	T	GF	GA	Pt
U.S.	1	1	0	0	2	0	3
Sweden	1	1	0	0	1	0	3
Colombia	1	0	1	0	0	1	0
North Korea	1	0	1	0	0	2	0

GROUP D

	GP	W	L	T	GF	GA	Pt
Australia	0	0	0	0	0	0	0
Brazil	0	0	0	0	0	0	0
Equatorial Guinea	0	0	0	0	0	0	0
Norway	0	0	0	0	0	0	0

Note: Three points for a win, one for a tie.
Yesterday's results
At Leverkusen, Germany
Sweden 1 Colombia 0
At Dresden, Germany
U.S. 2 North Korea 0
Monday's results
At Bochum, Germany
Japan 2 New Zealand 1
At Wolfsburg, Germany
Mexico 1 England 1
Today's games
All Times Eastern
At Moenchengladbach, Germany
Brazil vs. Australia, 12:15 p.m.
Norway vs. Equatorial Guinea, 12:15 p.m.
Tomorrow's games
At Bochum, Germany
Canada vs. France, 12 noon
At Frankfurt
Germany vs. Nigeria, 2:45 p.m.
Friday's games
At Leverkusen, Germany
Japan vs. Mexico, 9 a.m.
At Dresden, Germany
New Zealand vs. England, 12:15 p.m.
Saturday's games
At Augsburg, Germany
North Korea vs. Sweden, 8 a.m.
At Sinsheim, Germany
U.S. vs. Colombia, 12 noon
Sunday's games
At Wolfsburg, Germany
Australia vs. Equatorial Guinea, 8 a.m.
Brazil vs. Norway, 12:15 p.m.

FIFA MEN'S UNDER-17 WORLD CUP

GROUP STAGE

Monday's result
At Queretaro, Mexico
Australia 1 Denmark 1 (comp. of susp. match)
End of Round Robin

SECOND ROUND

ROUND OF 16
Today's games
All Times Eastern
At Torreon, Mexico
Uzbekistan vs. Australia, 4 p.m.
At Guadalajara, Mexico
Brazil vs. Ecuador, 4 p.m.
At Morelia, Mexico
Congo vs. Uruguay, 7 p.m.
At Monterrey, Mexico
Japan vs. New Zealand, 7 p.m.
Tomorrow's games
At Queretaro, Mexico
Germany vs. U.S., 4 p.m.
At Pachuca, Mexico
England vs. Argentina, 4 p.m.
At Queretaro, Mexico
France vs. Ivory Coast, 7 p.m.
At Pachuca, Mexico
Mexico vs. Panama, 7 p.m.

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2011 Dodge Grand Caravan Crew shown.§

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2011 Jeep Wrangler 2-door Sport 4x4 shown.

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Dodge.ca/Offers

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Engine

The Versa will bring fuel economy to the forefront with a brand new 109-horsepower 1.6-litre four-cylinder engine. The powerplant replaces both the previous 107-horsepower 1.6, as well as the 122-horsepower 1.8-litre I4.

A five-speed manual gearbox carries over as before, while a continuously variable transmission (CVT) replaces the antiquated four-speed automatic that was offered on the previous 1.6- and 1.8-litre Versa.

Nice price

Nissan likes to brag about the Versa S base price that will likely be about $14,000 (including destination charges). That would make it one of the least expensive cars on the road.

Even the tiny Smart for two model lists at more than $500 above the Versa. The S offers just the basics, other than an adjustable steering wheel, however you'll have to use window cranks for raising and lowering the side glass and to unlock the front doors you're stuck with a key.

Trunk space

There's now slightly increased trunk space, giving the Versa the edge over the next-size-up Sentra in the stowage department.

The new Versa's all-new platform weighs about 70 kilograms less than the previous architecture. That should drop the overall weight below the 1,140-kilogram threshold, although the automaker hasn't yet divulged the final number.

▶ New architecture that's lighter, a new engine and transmission and improved fuel economy, all for an estimated starting price in the $14,000 range, including destination charges.

Big space for a small price

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The versatile Versa has hit its stride as the kind of car that even big and tall folks can ride in without having to be bent, folded or pretzeled.

It's an approach that in the past five years has garnered a devoted following for Nissan's little runabout and should continue when the next-generation model makes its debut this summer.

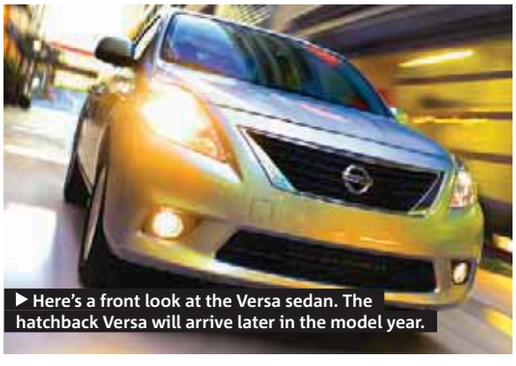
Small cars are currently the hot ticket to ride, due mainly to ever-pricier trips to the fuel pump.

But just because the package is small doesn't mean your entourage/carpool compatriots have to endure tortuously cramped quarters. Small-car buyers these days have big expectations and automakers such as Nissan aim to deliver.

The all-new Versa sedan (a hatchback edition will likely arrive by the end of the year) maintains similar proportions to the 2011 model.

That translates into nearly the same amount of passenger space including, Nissan claims, more rear legroom than a BMW 5-series or a Mercedes-Benz E-Class sedan.

Where price is the whole point, the Versa is easily one of the more sensible and practical automobiles you can buy, along with being the most accommodating for both a wide and tall variety of passengers.



▶ Here's a front look at the Versa sedan. The hatchback Versa will arrive later in the model year.

▶ We're not fussy about the style of the long plastic shift lever and some other trim pieces, but you have to bear in mind the pricepoint.

Nissan Versa

What you should know about the 2012 Nissan Versa:

- **Types:** Four-door, front-wheel-drive compact sedan.
- **Engine (hp):** 1.6-litre DOHC inline four-cylinder (109).
- **Transmission:** Five-speed manual; continuously variable (opt.).
- **Market Position:** Sales of small, fuel-efficient vehicles are quickly gaining strength, as they seem to do whenever there's a spike in fuel prices.
- **Mileage:** L/100 km (city/hwy) 6.7/5.3 (CVT).

5 drive

By comparison

Chevrolet Sonic
Base price: $15,000, est.
Upcoming Aveo replacement offers lots of power plus good fuel economy.

Ford Fiesta
Base price: $14,000
Good-looking sedan and hatch models feature Euro-style handling.

Hyundai Accent
Base price: $15,500, est.
2012 sedan and hatch feature 138-hp I4 plus impressive fuel economy.

WHEELBASE MEDIA

Scan code for more car reviews and news

Talk about stealing the spotlight

Forget human actors for a minute
Movie expert Richard Crouse takes a look at famous movie cars

RICHARD CROUSE
SCENE@METRONEWS.CA

HANDOUT

▶ Who can forget Bumblebee, the Autobot who transforms into the signature yellow Chevy Camaro.

Tonight, when Transformers: Dark of the Moon opens on screens everywhere, it will be the first in the series without starlet Megan Fox, but what it may lack in sex appeal it makes up for in steel appeal with the introduction of new car characters.

The continuing story of the war between the heroic Autobots and the evil Decepticons — two armies of alien robots who disguise themselves on earth by transforming into vehicles — will be enhanced by Autobot Mirage, a cherry red Ferrari 458 Italia and Brains, a blue Mercedes-Benz W212 Autobot inventor, whose design was modeled on Albert Einstein.

The new characters, along with some returning but souped up cars — Autobot Sideswipe, the Chevrolet Corvette Stingray, is now a convertible, while Autobot leader Optimus Prime is still a Peterbilt 379 truck, but now has a trailer which allows a third mode of transformation — join the long list of movie cars that have stolen the spotlight from their human co-stars.

One of the most well-loved cinematic scene stealers is The Love Bug's Herbie, a 1963 deluxe ragtop sedan Volkswagen Beetle.

Disney originally looked at Toyotas and Volvos but when casting agents noticed how the crew responded to the Volkswagen, they realized it was the car for the job.

Crew members brusquely kicked the tires and grabbed the steering wheels of the other cars, but when they approached the Beetle, they gently caressed its pearl white paint job.

Review

▶ Check out Richard Crouse's review of Transformers: Dark of the Moon in today's Scene section.

Back to the Future featured a wide range of cars, like a 1984 Jeep Cherokee Chief but it's the 1981 DeLorean everyone remembers.

The Robert Zemeckis production scooped up six of the existing 8,543 gull-winged cars, modifying three of them into operational autos for filming, while using the other three for spare parts.

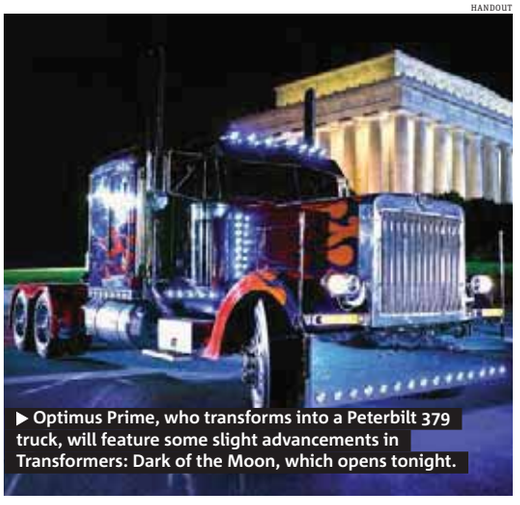
Chases are an exciting way to showcase cars in movies.

Probably the most famous chase sequence sees Steve McQueen's 1968 Ford Mustang GT 390 CID Fastback pursuing two hitmen in a 1968 Dodge Charger R/T 440 Magnum through San Francisco in Bullitt.

The 10 minute and 53 second scene took three weeks to shoot and both cars hit speeds of 177 km/h on surface streets.

A little more exotic, but almost as memorable is The Pink Panther's 1960 Autobianchi Bianchina Cabriolet, Ferrari 250 GT chase. The beautiful pink convertible is eye catching enough on its own, but even more so when driven by an actor in a gorilla suit!

HANDOUT



▶ Optimus Prime, who transforms into a Peterbilt 379 truck, will feature some slight advancements in Transformers: Dark of the Moon, which opens tonight.

▶ OK, maybe we're wrong. Rosie Huntington-Whiteley, who replaces Megan Fox as the leading lady in the latest Transformers instalment, deserves some of her own spotlight.

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HONDA DAILY NEWS

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HONDA

*Limited time lease offers on a new 2012 Honda Civic LX Sedan with Manual Transmission (Model FB2E4CEX) // 2011 Honda Accord SE Sedan (Model CP2E6BE) available through Honda Financial Services Inc., on approved credit. Representative lease example: based on a 2012 Honda Civic Sedan LX with Manual Transmission (Model FB2E4CEX) // 2011 Honda Accord SE Sedan (Model CP2E6BE) on a 48 // 48 month term at 3.99% // 0.9% lease APR, the monthly payment is $250 // $333 (includes $1,395 // $1,550 freight and PDI, EHF fibres ($1), A/C tax ($100), and OMVIC fee ($5)) with $0 // $0 down payment or equivalent trade-in, $0 // $0 security deposit and first monthly payment due at lease inception. Total lease obligation is $12,000 // $15,992. 96,000-kilometre allowance; charge of $0.12/km for excess kilometres. License, insurance, registration, PPSA, and other taxes (including HST and tax for fuel conservation, if applicable) are extra. Taxes payable on full amount of purchase price. Offers only valid for Ontario residents at Ontario Honda Dealers. Dealer may sell/lease for less. Dealer order/trade may be necessary. Vehicles are for illustration purposes only. Offers subject to change without notice. See your Ontario Honda Dealer or visit HondaOntario.com for full details. †All visitors 12 years of age and under are to be accompanied by an adult when entering and while on site.

Style collides with size

Small cars are the new status symbols for the intelligent Get used to it

TOM JENSEN
WHEELBASE MEDIA
DRIVE@METRONEWS.CA

Small cars used to be something buyers settled for, sometimes because they couldn't afford anything better, or they didn't want to spend the extra money on the gas it took to keep larger cars running — gas that's at least $1.25 a litre in many parts of Canada.

If there's an upside to being held hostage by oil speculators, it's that automakers across the globe have de-stigmatized small-car ownership.

No longer are small cars cramped penalty boxes with limited amenities, coarse powerplants and an overall feel of underachievement.

In fact, small cars are hot now, status symbols for the intelligent instead of the frugal. Here are some of the freshest wheels in sensible sizes.

2012 Hyundai Accent

No automaker has come as far as fast in recent years as Hyundai, which knocked it out of the park with the midsize 2011 Elantra and promises to do likewise with the 2012 Accent compact, which goes on sale in North America this summer.

The Elantra comes with a 138-horsepower, 1.6-litre engine that delivers the same impressive fuel economy, whether equipped with a manual or automatic transmission.

From a styling standpoint, the Accent closely mimics the popular Elantra on the exterior, while the interior is no longer something straight out of econobox hell. This car has "hit" written all over it.

2012 Ford Focus

Already on sale, the Focus is a true world car for Ford. What the Focus has going for it is impressive. Handling is best in class and there are sedan and hatchback models. There are also four trim levels, from the frugal S to the pimped-out — for a small car, anyway — Titanium. The higher-line models are available with the gee-whiz Sync system, MyFord and MyFord Touch electronic function controls for communication and climate control.

Depending on the various packages chosen, fuel economy tops 5.5 l/100 km on the highway and about 7.5 in the city. As a package, the Focus is one of the most complete and comfortable vehicles on the market.

2012 Honda Civic

Leaving no stone unturned in pursuit of the small-car buyers, Honda's newly released 2012 Civic comes in numerous trim levels and power options. These range from the basic Civic four-door sedan to the highly revised Civic Hybrid, offering economy of 4.4/4.2 l/100 km (city/highway).

It now has greater electrical capacity thanks to a new-generation lithium-ion battery while the gasoline engine is also more powerful.

Base prices for this Gold Star compact begin the $16,400 rage, which is about the same as before, despite plenty of upgrades and the redesign.

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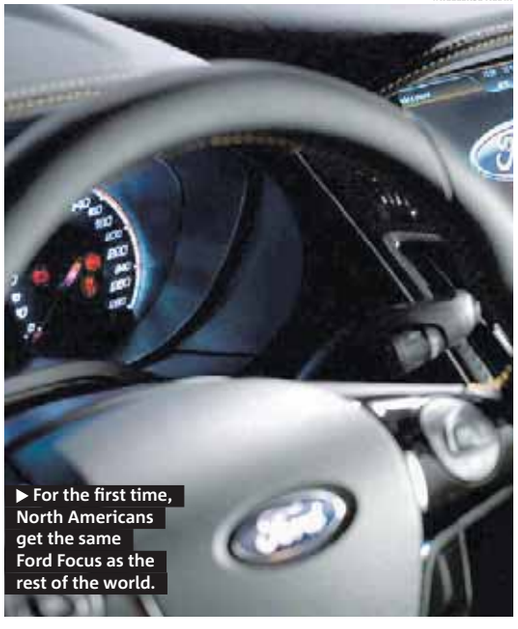

▶ For the first time, North Americans get the same Ford Focus as the rest of the world.

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▶ The Hyundai Accent's interior follows a familiar Hyundai theme with swooping dash lines and silver plastic adding detail to the steering wheel and console.

Top Gear

ALL PHOTOS COURTESY OF WHEELBASE

1 With everyone looking at your big, bold new wheels, they're also bringing attention to the unsightly brake calipers that are covered in an indelible brake-dust-and-fluid grime. Luckily, MGP's Caliper Covers, for about $200 a set, are available to hide the embarrassment. You can view several installation videos at calipercovers.com and check out the supported-vehicles list.

2 Carbon fibre has become the standard symbol of high performance as it's used by elite automakers to increase the strength of their vehicles while reducing weight. Its woven look is instantly recognizable and many companies provide products with the look of carbon fibre without the cost, purely for aesthetic reasons. cowlesproducts.com.

3 The Top Gear gang likes to save a little work and a lot of aggravation by spraying tire protectant on a special sponge and then applying to the tire. This keeps the protectant off the wheels and out from between the spokes where it's not only tough to remove, but also seems to attract even more dirt and grime. Another way to save work is to mask off the wheels with a special Rim Shield that looks exactly like, well, a shield, actually. Made of lightweight ABS plastic, the Rim Shield goes for about $20 plus shipping from rimshield.com.

4 When finding a classic car to rebuild, trim pieces can take a lot of time and a lot of budget to find and refurbish. A company fittingly called Trim Parts has a catalog with nearly 200 pages brimming of goodies to bring your ride up to 100 per cent, including the brand new "fish" emblem (see picture) for the relatively obscure 1968 Plymouth Barracuda. trimparts.com

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For the latest information, visit us at chevrolet.ca, drop by your local Chevrolet Dealer or call us at 1-800-GM-DRIVE. ♦$1,000 is a manufacturer to dealer delivery credit (tax exclusive) for 2011 Chevrolet Malibu and is reflected in offers in this advertisement. Other cash credits available on most models. See dealer for details. ♣Customers eligible for a GM Owner Loyalty Bonus will receive a $1,000/$750/$500 manufacturer to consumer incentive (tax inclusive). Example: $10,000 purchase price, after tax price is $11,300 ($10,000 plus $1,300 applicable taxes). After applying $1,000/$750/$500 credit, after tax price is $10,300/$10,550/$10,800 ($885/$664/$442 reduced purchase price plus $115/$86/$58 applicable taxes), with the $1,000/$750/$500 credit being the $885/$664/$442 reduction from the purchase price and the $115/$86/$58 reduction in taxes which would have otherwise been payable on the full purchase price. $500 Credit may be applied towards the purchase/finance/lease of an eligible new 2010/2011 Model Year Chevrolet Aveo, Cobalt and Cruze (excluding 1SB). $750 Credit may be applied towards the purchase/finance/lease of an eligible new 2010/2011 Model Year Chevrolet Equinox and GMC Terrain. $1,000 Credit may be applied towards the purchase/finance/lease of other eligible new 2010/2011 Model Year Chevrolet, Buick, GMC or Cadillac vehicle, delivered between February 1, 2011 – June 30, 2011. Ineligible vehicles: Chevrolet Cruze 1SB, Corvette ZR1, all Pontiac, Saturn, Saab, and HUMMER vehicles, and medium duty trucks. Offer is transferable to a family member living within the same household (proof of address required). As part of the transaction, dealer may request documentation and contact GM to verify eligibility. This offer may not be redeemed for cash and may not be combined with certain other consumer incentives, including the First to Cruze program. See your GM dealer for details. GM reserves the right to amend or terminate offers for any reason in whole or in part at any time without prior notice. *Offer applies to the purchase of 2011 Chevrolet Malibu LS R7C. ‡0% purchase financing offered by GMCL for 48 months on 2011 Chevrolet Malibu LS R7C. O.A.C by TD Bank. Rates from other lenders will vary. Example: $10,000 at 0% APR, monthly payment is $208.33 for 48 months. Cost of borrowing is $0, total obligation is $10,000. Down payment and/or trade may be required. Monthly payment and cost of borrowing will vary depending on amount borrowed and down payment/trade. ♦/♠/*/‡Freight & PDI ($1,450), registration, air and tire levies and OMVIC fees included. Insurance, licence, PPSA, dealer fees and applicable taxes not included. Offers apply as indicated to 2011 new or demonstrator models of the vehicle equipped as described. Offers apply to qualified retail customers in the Ontario Chevrolet Dealer Marketing Association area only (including Outaouais). Dealers are free to set individual prices. Dealer order or trade may be required Limited time offers which may not be combined with other offers. GMCL may modify, extend or terminate offers in whole or in part at any time without notice. Conditions and limitations apply. See dealer for details. ***Factory order or dealer trade may be required. ΔΔ2011 Chevrolet Malibu equipped with standard 2.4L ECOTEC I-4 engine and 6-speed automatic transmission. Fuel consumption ratings based on Natural Resources Canada's 2011 Fuel Consumption Guide. Your actual fuel consumption may vary. ΔΔ2011 Chevrolet Malibu with 6-speed automatic transmission and 2.4L Ecotec engine and comparably equipped (4 cyl. / automatic transmission) 2011 Toyota Camry and 2011 Ford Fusion. Fuel consumption ratings based on Natural Resources Canada Fuel Consumption Website. Highway fuel consumption as low as 5.9 L/100km. City fuel consumption as low as 9.4 L/100km. Your actual fuel consumption may vary. Excludes hybrid models. ©The Best Buy Seal is a registered trademark of Consumers Digest Communications, LLC, used under license. ©For more information go to iihs.org/ratings.¥**Visit onstar.ca for coverage map, details and system limitations. Services vary by model and conditions. ††2011 Chevrolet Malibu LTZ, MSRP with freight, PDI & levies $34,589. Dealers are free to set individual prices. ♦♦Offer available to retail customers in Canada between June 6, 2011 and August 31, 2011. Applies to new 2011 and 2012 GM vehicles, excluding Chevrolet Volt, Sonic, Orlando, Express and GMC Savana at participating dealers in Canada. Employee price excludes freight, license, insurance, registration, fees associated with filing at movable property registry/PPSA fees, duties, marketing fees and taxes. Dealer may sell for less. Dealer order or trade may be required. Limited quantities of 2011 models available. Offer may not be combined with certain other consumer incentives. GMCL may modify, extend or terminate this offer, in whole or in part, at any time without notice. See dealer for details. ‡‡0% purchase financing offered by GMCL for 48 months on 2011 [Chevrolet (Aveo, Malibu & Traverse)/GMC Acadia/Buick Enclave]. OAC. Rates from other lenders will vary. See dealer for details.

Sick of blowing money fast?

Following these tips will help you keep some money in your wallet

Remember when it seemed unthinkable to have to pay $1/L of gas? Now, most of us would jump with happiness to see prices going back to these rates — or even lower.

Even if you have accepted the fact that you'll have to pay more to fill the tank, adopting some fuel-efficient habits could go a long way in leaving you with some extra dollars in your wallet, without cramping your lifestyle.

According to an Autos.ca survey on fuel-efficient driving, high gas prices have motivated most Canadians to either adopt or consider adopting fuel-efficient driving.

Among the ones willing to make an effort, 58 per cent said they were willing to reduce unnecessary idling and 56 per cent indicated being ready to drive more smoothly and evenly to reduce their gas consumption.

Proven fuel-efficient driving habits include:

Moderating Speed
Why rush? Respecting speed limits is not only safer, it will also reduce your gas consumption.

Reducing unnecessary idling
Turn off the engine while waiting for more than one-two minutes. It's simple and will help you save on gas consumption with the added benefit of being more environment-friendly.

On the web

More information on fuel-efficient driving habits or vehicles is available at autos.ca/auto-consumer-info.

Maintaining proper tire pressure
Check your tire pressure, especially before long trips.

Avoiding sudden accelerations
Smooth and even driving will not only help you save on gas, but will also reduce your stress level — and frustration from other drivers.

Follow the manufacturer's suggested vehicle maintenance
Change oil and air filters as directed by the manufacturer. Your vehicle will not only be more fuel-efficient, it will also reduce greenhouse gases.

Reduce vehicle load
Remove any unnecessary items in your vehicle, such as backpacks, strollers or sports equipment to avoid carrying unnecessary load — and de-clutter at the same time.

Doing it all at once shouldn't be the focus — it's most important to start somewhere and add habits gradually as you grow more comfortable with them. **NEWS CANADA**

NEWS CANADA

▶ With prices these days, gas stations are like a house of horrors, aren't they?

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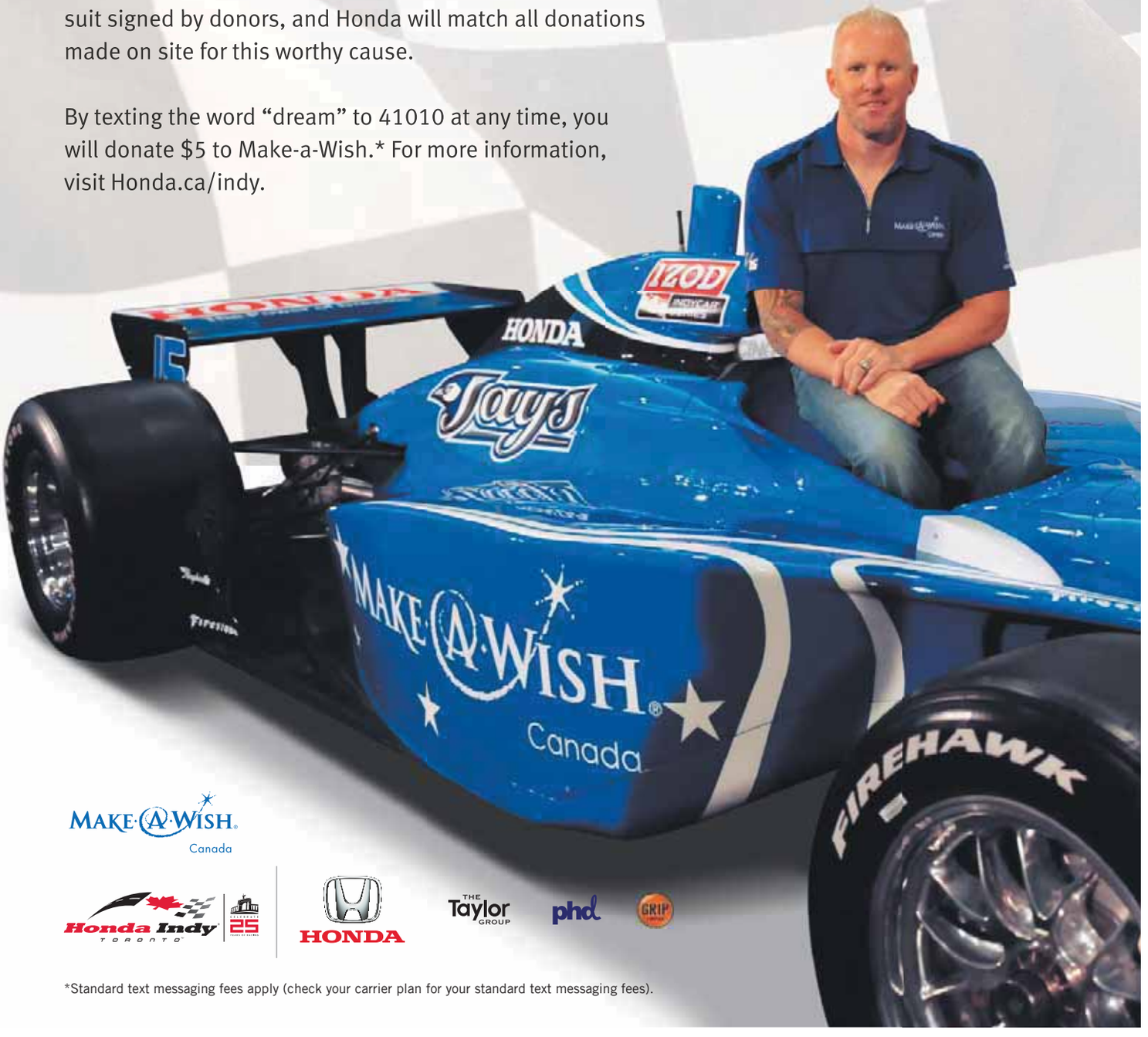
Paul Tracy and Make-A-Wish® Canada would like to thank racing fans for their continued support. Make-A-Wish Canada gives children the opportunity to realize their lifetime dreams.

July 8 is Free Friday at the Honda Indy Toronto, thanks to the Ontario Honda Dealers Association. Make a donation at the gate to Make-A-Wish Canada, and enjoy all the action!

On race weekend, Paul Tracy will proudly wear a racing suit signed by donors, and Honda will match all donations made on site for this worthy cause.

By texting the word "dream" to 41010 at any time, you will donate $5 to Make-a-Wish.* For more information, visit Honda.ca/indy.



MAKE-A-WISH Canada

Honda Indy TORONTO 25

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GRIP

*Standard text messaging fees apply (check your carrier plan for your standard text messaging fees).

CONTEMPLATING ABOUT A CERTAIN TWO-WHEELED DEVICE

AUTO PILOT

MIKE GOETZ
DRIVE
@METRONEWS.CA

Though I have yearned to own a motorcycle ever since high school, only this spring did I actually consummate the intention.

I wasn't necessarily looking for a vintage mount. So when I found myself riding home with a certain 1972 Honda CB350F — a bike that was actually on my radar during my late 1970s high-school years — I was trying to not see the bike as a mid-life crisis kind of thing; like a time machine that might take me back to Funkytown.

I have no desire to go back to Funkytown.

Dr. Freud once noted that, "sometimes a cigar is just a cigar." So it stands to reason that, "sometimes a motorcycle is just a motorcycle."

It is also a fine motorcycle. When most everyone else was making shaky twin- and single-cylinder engines, Honda created a range of affordable motorcycles with super-smooth and powerful SOHC four-cylinder engines, first with the CB750 in 1969, then with the CB500 in 1971, and then with this CB350F in 1972.

Last month my wife, Diane, caught me sitting in a lawn chair just staring at the bike. I love the look of a well-designed engine.

I have to thank friend and fellow auto scribe, Dan Proudfoot, for offering the bike to me, and at a sympathetic price.

MIKE GOETZ/FOR METRO

▶ Behold the 1972 Honda CB350F

He enjoyed it and looked after it well, and I hope to do the same.

After I had the bike for a few weeks, Dan passed along a passage written by Honda's founder and chief engineer, Soichiro Honda.

If I read it right, Honda believed that design could not be too harmonized or balanced, because it would then lack personality — like a person too perfectly dressed is somewhat mannequin-like. He felt the only way to infuse design with necessary personality is to allow an imperfection to harmony exist — but then make that discord "beautiful."

"Disadvantage is, in a sense, a factor that leads to special character," said Honda.

Pundits of the day couldn't see why Honda even bothered to make a four-cylinder 350, when its two-cylinder CB350 was selling great, was almost as fast, and was priced almost $1,000 cheaper.

And the pundits turned out to be right.

The CB350F was never popular.

The consensus was that Soichiro Honda just wanted to prove that he could do what no one else could — engineer and mass-produce a small, four-cylinder motorcycle.

Or ... maybe he knew all too well that a complicated, heavy engine wasn't really right for a small motorcycle, but just wanted to see if he could make it kind of beautiful, and in that way, interesting.

Or… maybe it's just a motorcycle and I should just ride the damn thing.

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Offer excludes taxes

7.1L/100km **40MPG** HWY**
10.0L/100km **28MPG** CITY**

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Dealer may sell or lease for less. Limited time offers. Offers may be cancelled at any time without notice. See your Ford Dealer for complete details or call the Ford Customer Relationship Centre at 1-800-565-3673. ^Employee Pricing ("Employee Pricing") is available from June 16/11 to August 31/11 (the "Program Period") on the purchase or lease of most new 2011/2012 Ford/Lincoln vehicles (excluding all chassis cab and cutaway body models, F-150 Raptor and Mustang BOSS 302). Employee Pricing refers to A-Plan pricing ordinarily available to Ford employees (excluding any CAW negotiated program or other periodic employee special offer). The new vehicle must be delivered or factory ordered during the Program Period from your participating Ford Dealer. This offer can be used in conjunction with most retail consumer offers made available by Ford at either the time of factory order or delivery, but not both. Employee Pricing is not combinable with, CPA, GPC, CFP, Daily Rental Allowance, A/VZ/D/F-Plan and A/Z-Plan Loyalty program incentives. *Purchase a new 2011 Ford (F-250 Super Cab XLT 4X4)/(Fiesta SE Hatchback)/(Fusion SE I4 Automatic)/(Escape XLT Automatic)/ (2012 Focus SE) for ($$6,899)/ ($16,296)/($20,644)/($21,288)/($18,299) after Total Price Adjustments of /($13,243)/($2,083)/($5,335)/($5,891)/($2,280) deducted (Total Price Adjustment is a combination of Employee Price adjustment of ($$6,993)/($1,083)/($1,835)/($1,891)/ ($1,280) and delivery allowance of ($$5,500)/ ($1,000)/($2,500)/($3,000)/($1,000) and Eligible Costco Incentive ($1,000)/($0)/($1000)/($1000)/($0)). Taxes payable on full amount of purchase price after the Employee Price Adjustment and Delivery Allowance has been deducted and before the Costco offer has been deducted. Vehicle shown is a 2012 Focus SEL Sedan for MSRP $21,499. Offers include freight, air tax, PPSA and Stewardship Ontario Environmental Fee but exclude administration and registration fees of up to $799, fuel fill charge of up to $120 and all applicable taxes. All prices are based on Manufacturer's Suggested Retail Price. Delivery Allowances can be used in conjunction with most retail consumer offers made available by Ford of Canada at either the time of factory order or delivery, but not both. Delivery Allowances are not combinable with any fleet consumer incentives. ** Estimated fuel consumption ratings for the 2011 Fiesta 1.6L - I4 5 Speed Manual)/ (Escape FWD 2.5L-I4 6 Speed Auto)/(Fusion FWD 2.5L- I4 6 Speed Auto) [7.1L/100km city and 5.3L/100km hwy]/ [10.0L/100km city and 7.1L/100km hwy]/[9.0L/100km city and 6.0L/100km hwy]. Fuel consumption ratings based on Transport Canada approved test methods. Actual fuel consumption may vary based on road conditions, vehicle loading and driving habits. † Estimated fuel consumption ratings for the 2012 Focus SE Sedan Duratec 2.0L I-4 engine/(6-speed Automatic Transmission with available SFE Package) [7.2L/100km (39 MPG) city and 4.8L/100km (59 MPG) hwy]. Fuel consumption ratings based on Transport Canada approved test methods. Actual fuel consumption may vary based on road conditions, vehicle loading and driving habits. ‡ Based on R.L. Polk Canada, Inc. vehicle registrations data, YTD April 2011. Class is small utility. ‡‡ Offer only valid from April 1, 2011 to June 30, 2011 (the "Offer Period") to resident Canadians with a Canadian Costco membership on or before March 31, 2011. Use this $1,000 DN Costco member offer towards the purchase or lease of a new 2011/2012 Ford/Lincoln vehicle (excluding Fiesta, Focus, Ranger, Raptor, G1500, Mustang Boss 302 & Medium Truck) (each an "Eligible Vehicle"). The new vehicle must be delivered and/or factory-ordered from your participating Ford/Lincoln dealer within the Offer Period. Offer is only valid at participating dealers, is subject to vehicle availability, and may be cancelled or changed at any time without notice. Only one (1) offer may be applied towards the purchase or lease of one (1) Eligible Vehicle, up to a maximum of two (2) separate Eligible Vehicle sales per Costco Membership Number. Offer is transferable to persons domiciled with an eligible Costco member. This offer can be used in conjunction with most retail consumer offers made available by Ford Motor Company of Canada at either the time of factory order (if ordered within the Offer Period) or delivery, but not both. Offer is not combinable with any GPA/ GPC or Daily Rental incentives, the Commercial Upfit Program or the Commercial Fleet Incentive Program (CFP). Applicable taxes calculated before $1,000 DN offer is deducted. Dealer may sell or lease for less. Limited time offer, see dealer for details or call the Ford Customer Relationship Centre at 1-800-565-3673. ©2011 Ford Motor Company of Canada, Limited. All rights reserved.

Meet Aston Martin's new sibling

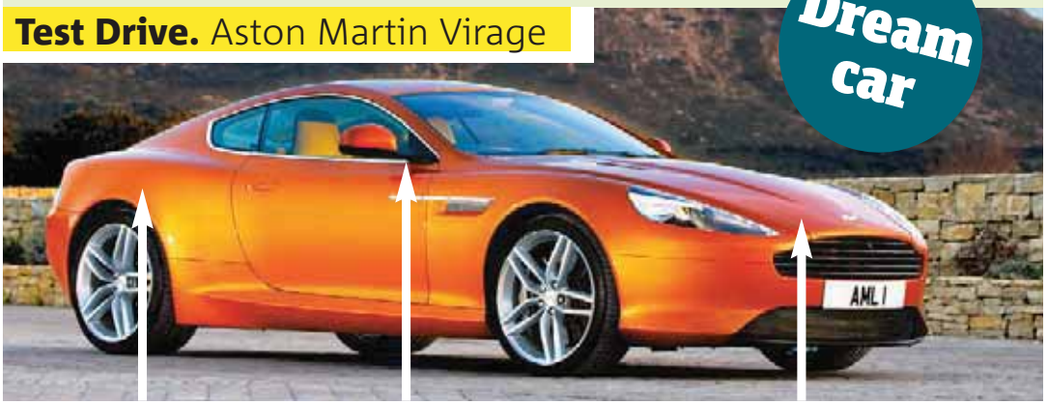
RYAN BORROFF
DRIVE@METRONEWS.CA
METRO WORLD NEWS IN LONDON

Designed to fill the space between the DB9 and DBS, the latest Aston Martin, the Virage, combines the best of both its siblings, with the same 6.0-litre V12 engine, but tweaked to produce 490hp.

(For non-motorheads, all those numbers mean, basically, it's really fast.)

The car is comfortable and fun to drive, something like a two-seater version of the limousine-like four-door Rapide, and more thrilling than the DB9 and more refined than the DBS.

Test Drive. Aston Martin Virage



Exterior

Like the rest of the Aston Martin family, the Virage's styling conveys power and strength with exceptional elegance — it's a more low-key and subtle version of the more brutal looking DBS.

Interior

The sophisticated interior includes glass switches, comfortable seats and beautiful leather and a hand-crafted finish throughout — a pleasing contrast to its wild performance when it's unleashed on the road.

Performance

Silent and refined, the car drives more like a limousine on the motorway but on country roads the six-speed Touchtronic II automatic transmission, plus the excellent carbon ceramic brakes, means a fast drive.

By numbers

- **Price:** $225,000 (est.)
- **0-100 km/h:** 4.6 secs
- **Top speed:** 299 km/h
- **Power:** 490hp
- **Engine:** 6.0-litre V12
- **Fuel consumption:** 12.5 l/100km
- **Best thing:** Sports mode, which speeds up gear response, and with the paddle-shifters make the gearbox rev up and down, creating a howling roar.
- **Worst thing:** Running costs — fuel consumption, vehicle tax band and the price means the Virage will be elusive to many.

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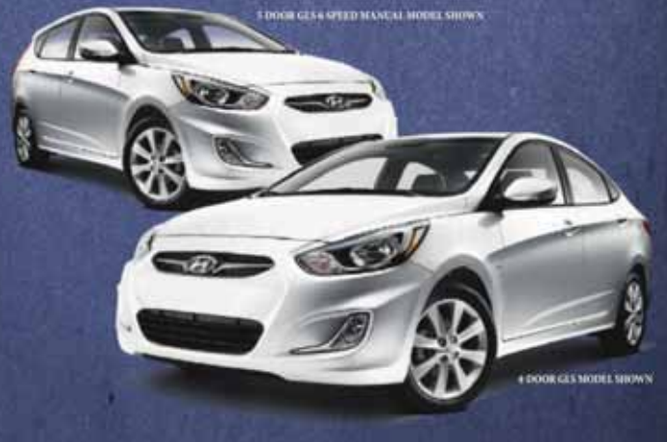

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Plenty of horses in Lincoln luxury sedan

Zephyr/MKZ offer average reliability and seem free of serious issues

SECOND GEAR

JUSTIN PRITCHARD
DRIVE@METRONEWS.CA

Debuted in 2005, Lincoln's new-age entry-level model was called the Zephyr for a single year before being rebadged as the MKZ.

With available AWD and standard V6 power, this Fusion-based sedan was aimed at other entry-luxury machinery like the Hyundai Azera and Cadillac CTS.

For 2006, a 3.0-litre, 221-horsepower V6 was standard with an automatic six-speed transmission and front-wheel drive. The following year, engineers specified a larger 3.5-litre V6 with 263 horsepower. All wheel drive became an option, too.

What's the 4-1-1

- **Model:** 2006 to 2009 Lincoln Zephyr and MKZ
- **Vehicle type:** Luxury Sedan

What Owners Like

Many owners report a quiet and very comfortable ride and plenty of performance. Styling, interior looks and interior appointments also tend to be highly rated. Praise for overall value and the THX audio system round out the package.

What Owners Dislike

Owners of earlier models tend to complain about cheaper than expected interior parts and the potential durability thereof.

A large turning circle, wind noise at speed, and blind spots were also fairly common gripes. Finally, some folks wished for more sporty and planted handling.

TORSTAR NEWS SERVICE

▶ 2006 Lincoln Zephyr

Common Issues

Inspect the MKZ's interior and exterior for signs of wear and tear. Some owners complain of "thin" sheetmetal that dents easily, as well as peeling or worn chrome trim on certain cosmetic parts.

Make double sure the air conditioning system works properly, and check for proper operation of all interior electronics and lights. Be sure the seat heaters and coolers (if equipped) work properly, too.

A Ford/Lincoln mechanic should check beneath the vehicle for signs of wear and fluid leakage as well.

Note that AWD-equipped models may suffer from leaky transfer cases.

If that's the case on the model you're considering, have the seller get the issue fixed before agreeing to purchase. An improper bolt in the power steering system could cause a fluid leak, too.

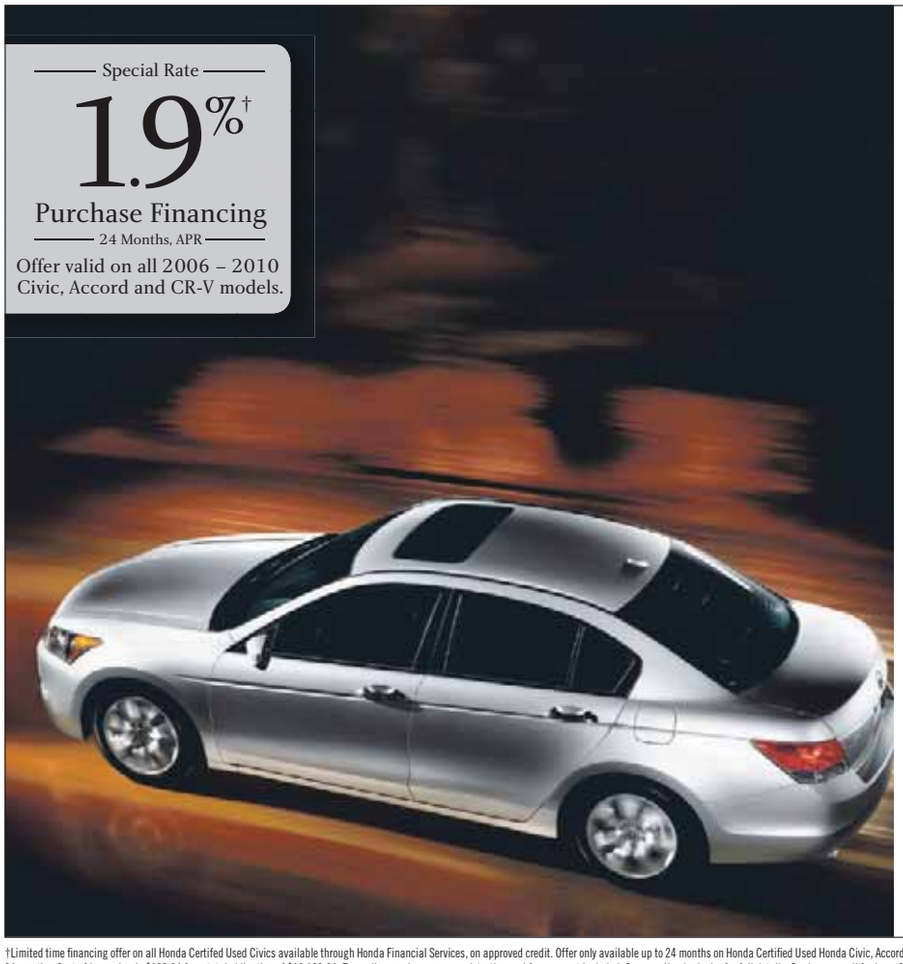
Finally, check the ceiling liner and footwell carpeting for signs of moisture that could be caused by a sunroof leak.

The Verdict

A Ford mechanic will be familiar with the common problems, service bulletins and recalls, as well as diagnosis and repair.

Ultimately, the MKZ's lower-than-average resale values, average reliability and higher-than-average feature content for the money will make it an attractive buy for many.

Check out Justin's video car reviews online at youtube.com/mr2pritch.



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Two vs. four wheels to save on fuel costs

Chrysler has answer for those who don't want to pay at the pumps for all-wheel drive New technology helps fuel efficiency

DRIVING FORCE

JIL McINTOSH
DRIVE@METRONEWS.CA

CHRYSLER

▶ Front axle disconnect (FAD) is featured on the all-wheel version of the 2011 Chrysler 300.

All-wheel drive is a popular option on many vehicles, primarily because it can improve handling in nastier weather.

But sending engine power to both the front and rear axles can also use more fuel, a situation Chrysler is addressing with its new front axle disconnect (FAD).

The feature, found on all-wheel versions of the 2011 Chrysler 300 and Dodge Charger, powers the rear wheels all the time but only sends power to the front wheels when needed.

"We wanted the performance of an all-wheel-drive, but we needed to be fuel-efficient and more like the two-wheel-drive version," says Don Schmanski, supervisor for AWD systems and powertrains for Chrysler.

"By disconnecting it, we gain fuel efficiency."

The mechanical links to the front axle don't actually come apart, but the system shuts off part of the transfer case, which delivers power to the front wheels.

"By shutting those (components) off and not spinning them, we gain the fuel economy savings," Schmanski says.

The front axle reconnects immediately when needed.

The car uses numerous sensors to determine if wheel slippage is imminent, and if it is, the FAD connects the front axle. In all-wheel, power is distributed automatically, from entirely rear-wheel-drive to up to 38 per cent to the front wheels.

When you're driving, the FAD system is constantly monitoring such things as throttle input, electronic stability control and traction control to determine if it should connect or disconnect the axle.

However, two things will cause it to connect right away: if the windshield wipers come on, or if the outside temperature gets too cold.

"If the wipers are on, we're making an assumption that it's raining," Schmanski says.

"When it first starts to rain, that's when roads are the slipperiest, and so we engage the front axle disconnect. It doesn't necessarily send torque (to the front) but we want to make sure that it's available."

Cold temperatures will also trigger the FAD, since it could indicate icy roads. Once it's in all-wheel, the system has a tolerance of several degrees, so it's not constantly coming on and off as the thermometer fluctuates slightly above or below the "trigger temperature."

Axle talk

- The front axle disconnect is almost seamless and most drivers can't feel it operating. A notification in the instrument cluster indicates the system's status.
- When the front axle is disconnected, it can provide up to a five per cent improvement in fuel economy over running in all-wheel-drive.
- Even with the front axle disconnected, the AWD models will use slightly more fuel than two-wheel models, simply due to the AWD system's extra weight.

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Is your child ready for a seat belt?

Read on for tips on how to decide

When your child outgrew their forward facing car seat, did you move him or her into a booster seat?

If you did, you're one of the growing numbers of Canadian families that use this important safety device, says Safe Kids Canada, the national injury prevention program of The Hospital for Sick Children.

In order to be properly protected, children need to use a booster seat in the car from the time they outgrow their forward facing car seat until they are at least four-feet nine inches (145 cm) tall.

Still many Canadian parents skip the booster seat stage, leaving their children vulnerable to serious injuries, or even death, in the event of a crash.

Do you think your child is ready for a seat belt?

Here's how to tell:

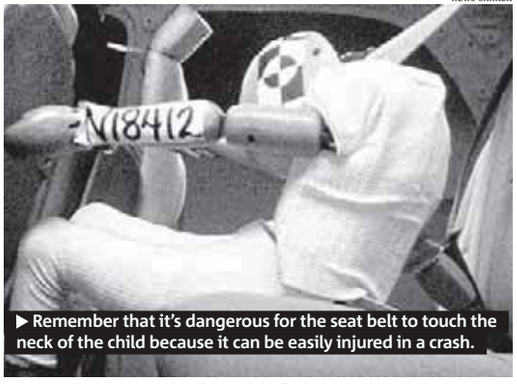
1 Shoulders: Does the vehicle shoulder belt lie in the middle of the shoulder and across the middle of your child's chest, without touching the neck? It's dangerous for the seat belt to touch the neck because it can be easily injured during a crash.

2 Hips: Does the vehicle lap belt rest low on your child's hips, under the belly area? The seat belt should lie on the hip bone area, not on your child's internal organs.

3 Seated height: Is your child at least 25 inches (63 cm) from tailbone to top of head while sitting up straight in a chair?

4 Knees: Do your child's knees bend comfortably over the edge of the vehicle seat without causing them to slouch forward in their seat? This helps your child stay comfortable, which prevents slouching.

NEWS CANADA



▶ Remember that it's dangerous for the seat belt to touch the neck of the child because it can be easily injured in a crash.

If you answered "yes" to all four questions, your child is ready for a seat belt on its own.

NEWS CANADA

Info

Learn more about booster seats or to find out if your child is ready for a seat belt online at safekidscanada.ca.

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www.rotarymulticulturalfestival.com

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Harbourfront Centre
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www.harbourfrontcentre.com

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www.torontoribfest.com

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MISCELLANEOUS

Miscellaneous

A simple application for divorce filed in Milton superior court of justice naming **Lerata Kwanda** as the respondent requires the serving of documents. The applicant does not know the address of the respondent. If you have information on the whereabouts of the respondent, please contact trulaw@gmail.com

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New Situation		
New Mortgage (2.10%)	340,000	1,456

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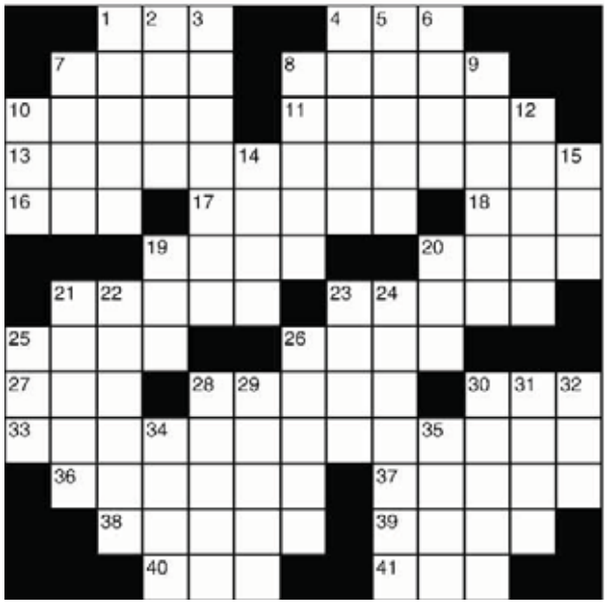

Across

1 Rotating part
4 Existed
7 Deep-sea predator
8 Move to one side
10 Adversary
11 The external world
13 News crew member
16 Work with
17 Judicial apparel
18 "— was saying, ..."
19 Sheepish comments
20 A long time
21 Choir's rendition
23 Cheney's successor
25 Salamander
26 Sell
27 Raw rocks
28 Irving Berlin's "Blue —"
30 Afternoon social
33 13-Across' offering
36 "A Streetcar Named Desire" role
37 Bracelet adornment
38 Short fishing line
39 Slight amounts
40 James Bond, e.g.
41 Pigpen

Down

1 Minotaur's home
2 Pinnacle
3 Pertaining to a city election
4 7-Across, e.g.
5 Jam ingredients?
6 A size too small, maybe
7 Individuals
8 Uppity sorts
9 Battlefield prioritization
10 Ostrich's cousin
12 Ruhr Valley city
14 Wander
15 "— the season ..."
19 Cudgel
20 Toss in
21 Shimon of Israel
22 Workout garb
23 Milwaukee product
24 Entomologist's subjects
25 Promptly
26 Spreading fast on YouTube
28 Drag (Var.)
29 "An American in Paris" star
30 Sycophant
31 Blunders
32 $ dispenser
34 Sawbucks
35 Terrific, in rapspeak

▶ Yesterday's answer

Sudoku

3	9						5	7
		4	6			9		
8			9		3			
9				7		6	1	
				4				
	3	8		1				5
			1		2			3
		5			4	1		
1	7						2	6

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's answer ▶

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MyHoney
My lovely lady..Hope you are doing OK. Praying for you. Take care of yourself4 me please. You are my love, my lady and my life. Stay strong. Can't thank you enough. **TRUE LOVER**

My little girl, Happy Birthday my love and just remember you will aways be Daddy's little girl and he'll always love you. **DADDY**

Fathertobe, Wish u were there every time the baby was to be born, to be by my side, to hold me, to share the first glimpse of our baby, to let me know i looked ok, to hold me. u never were - and that is YOU. i did it alone every time hope u can make it on time for this one. due date is aug13 as per yesterdays ultrasound. baby is growing beautiful just like us - your eyes, my heart **LMOLE**

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Partly cloudy
Thursday
26°/17°
Sunny
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Today's horoscope

For today's crossword answers and for expanded horoscopes, go to metronews.ca

♈ Aries March 21-April 20 Someone dear to you feels rather left out. Aim to reassure him or her.

♉ Taurus April 21-May 21 You need to socialize more with people who share your outlook on life.

♊ Gemini May 22-June 21 Don't listen to those who say you are being too pushy because you are not being pushy enough.

♋ Cancer June 22-July 22 The grass may look greener on the other side of the fence, but you must finish what you started before trying something new.

♌ Leo July 23-Aug.23 Get out and make sure everyone knows who you are and what you can do.

♍ Virgo Aug. 24- Sept. 22 It may not be true that everyone is out to get rich at your expense but you should act as if it is.

♎ Libra Sept. 23-Oct. 23 You will very soon reach a point where you have to slow down or risk collapse. Your health comes first — always.

♏ Scorpio Oct. 24-Nov. 22 Just because something sounds right, does not make it right. Be skeptical even if it grabs your attention.

♐ Sagittarius Nov. 23-Dec. 21 Focus on what you are good at and don't be tempted to do things merely to impress other people.

♑ Capricorn Dec. 22-Jan. 20 You'll be overwhelmed by the number of people who want your help.

♒ Aquarius Jan. 21-Feb. 18 Make sure you get plenty of rest — your brain needs it as much as your body. If you don't, you'll regret it.

♓ Pisces Feb. 19-March 20. Think before acting then think again just to be on the safe side.

SALLY BROMPTON

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